

Kawartha Lakes-Haliburton 4-H Newsletter



January-February 2018

Mark your calendars!!!!

KLH AGM & Volunteer Re-engagement Session - Feb 8th

7pm – Refreshments – 7:30pm – AGM

Riverwood Trailer Park Clubhouse

(behind the Petro station on Highway 35 South)

Please plan to attend this event. This is a must event for volunteers and club leaders to learn how the 4-H program is managed locally and find out what's new both locally and provincially. Many events are held locally and regionally which require volunteers to help out with. We encourage people to look over the list of events provided at the AGM and sign up for any you are interested in.

Please Note: Re-engagement training will be offered through a session facilitated by a member of the 4-H Ontario Volunteer Support Staff Team. All current 4-H volunteers must attend a re-engagement training at some point through the year for 4-H clubs to be recognized. If club volunteers do not attend a re-engagement training their clubs will not be recognized by 4-H Ontario and members will not receive completions.

2017 KLH Board of Directors		
President	Tom White	705-928-2267
Vice-President	Matt English	705-928-5111
Secretary	Edna White	705-878-2263
Treasurer	Melinda Buckley	705-879-8704
Activity Coordinator /Newsletter Editor	Diane Armstrong	705-741-8739
Regional Rep.	Jane Durward	705-374-4381
Regional Rep.	Suzanne Barker	705-799-1319
Membership Clerk	Debbie Gerzymisch	705-880-0085
Director	Elysha Bryans	705-344-4615
Director	Julie Cameron	705-879-3452
Director	Cheryl Crowe	705-786-7676
Director	Deanna Hood	705-879-1485
Director	Ryan Parish	705-928-4801
Director	Kattie Sims	705-340-8653
Director	Linda Staples	705-328-0181
Coordinator, Volunteer Support – Region 3 4-H Ontario	Megan Burnside-Poitras	1-877-410-6748 Ext. 477

There will also be election for board directors. If you are interested or know someone who would be interested in becoming a director of the KLH 4-H Association, please contact Julie Cameron 705-879-3452, Linda Staples 705-328-0181 or Edna White 705-878-2263.





2018 KLH 4-H Membership Fees

Returning 4-H members - \$95.00 per person

Clover buds - \$75.00 per person

Brand new members – (no family members in 4-H) \$85.00 per person

Roundup #1 - Club Sign-up Opportunity - Mar. 4th

1-3pm - IE Weldon Secondary School, Lindsay, ON

This is a great opportunity to find out what types of clubs are being offered in the KLH 4-H program for 2018. Families are encouraged to attend and ask the 4-H volunteers about the various clubs and how their club structure works. Each club will have a sign-up list available for members to add their name to.

Our membership clerk, Deanna, will also be on hand to collect your 2018 membership fees as all returning KLH 4-H members MUST have their membership fee paid prior to starting a 2018 club. Only new members to our program will be allowed to pay at their 1st meeting. If leaders would like Deanna to attend their club's 1st meeting, please talk to Deanna at Roundup and get this arranged with her.

Roundup #2 - Club Sign-up Opportunity - TBA

4-H Ontario's Conference & Annual Meeting



Each year, 4-H Ontario invites 4-H associations to attend their Conference & Annual Meeting (CAM) to find out what has gone on over that past year and what is coming up in the future for the 4-H program. If anyone is interested in attending CAM on March 23 – 25, 2018, please send your registration form and fee in to 4-H Ontario ASAP. The early bird rate deadline is Jan 30th. Everyone is welcome and encouraged to attend!!!

East Central Farm Show - Wed Mar. 7 & Thurs Mar. 8 LEX Grounds, Lindsay, ON

The KLH 4-H Association is organizing the food booth area again this year during the East Central Farm Show and we are **looking for senior members and adult volunteers** to help set-up, work during the event and pack everything up after the farm show. If you are able to help us out, please contact your 2017 club leader ASAP with the hours you are available to volunteer. Your leader will then pass along the information to a director of the KLH 4-H Association.

Volunteers Needed

The KLH 4-H Association is currently looking for volunteers to help with the dairy club and the cloverbud program. If you are able to assist with either of these clubs, please contact Ryan Parish 705-928-4801 for the dairy club and Julie Cameron 705-879-3452 for cloverbuds.

Region 3 is also looking for a secretary. If interested, please contact Jane Durward 705-374-4381 for more details.

Region 3 2018 In-Person New Volunteer Orientation Sessions

Date	Time	Location	Address
Thursday, Mar. 8, 2018	7:00pm- 9:00pm	Hillcrest Community Centre	69 Centre St., Belleville, ON
Thursday, May 10, 2018.	7:00pm- 9:00pm	Sunderland Co-Op	Hwy 7 & 12, Sunderland, ON
Thursday, July 12, 2018.	7:00pm- 9:00pm	Coburg Community Centre	750 D'Arcy St., Cobourg, ON

HAVE YOU HEARD ABOUT 4-H ONTARIO'S NEW E-SYMPOSIUMS?

New in 2018 are Volunteer E-Symposiums. These learning opportunities serve to inspire and invigorate 4-H Ontario volunteers while providing a forum to share ideas and best practices and find out how we can support each other as the 4-H family of staff and volunteers.

Six E-Symposiums will be offered throughout the year. Check the 4-H Ontario website for details on dates, times, and presentation topics and get your registration in as soon as possible.



Youth Adventure Camp

This past August I had the great opportunity to go to YAC. It was an amazing experience for me! This was my first time going to a 4-H camp and I'm so glad I went. After meeting the bus and seeing a few familiar faces and new faces, I was excited to think of what lay ahead.

When we got to the Cedar Glen YMCA Camp in Schomberg the facilitators gave us our name tags and showed us where our cabins were. They set a very energetic mood that got all of us camper very excited to be at YAC. I knew a few people from KLH 4H clubs, but I also met many of new people from across Ontario. For example I didn't know any of the girls in my cabin and we became friends. We were also placed in colour groups and I met a lot of new people in that group as well.

I loved getting to know all these new people! In each of our colour groups we did fun activities to teach us leadership, teambuilding and teamwork skills. I learned so much from all the fun activities because they all taught us skills that we can use now and in the future.

Overall I'm so glad I was able to go to YAC this year, and I'm definitely going to go again next year if I can. We played fun games with other campers and learn new skills. I can't wait to go to more 4H camps in the future! Looking forward to learning more with friends and of course meeting new friends.

Until the next camp. . . Trudy Blair

If a Great Opportunity Presents Itself, Grab it!!

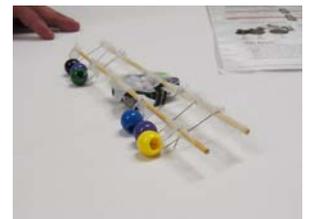
That's what I and almost 500 others (professionals and youth) from over 35 countries did last July. We all traveled from near and far to Ottawa, ON for the **2017 Global 4-H Network Summit**. This was the first time I had experienced this type of event and it was fabulous to say the least!!! The 4-H program means so many different things and is structured in many different ways but still strives to provide a sustainable future for today's youth and create solutions to strengthen our communities.

Each day of the Global Summit, a Community Leadership Pillar was chosen as the theme for the breakout sessions, keynote speakers and signature events. On day one the pillar was "Community Engagement & Communications". Kristy Scaldwell, keynote speaker, made many references to how her 4-H experience has helped her make life decisions and reminded her to look after her own health before others. One example of how important communication skills are, that Kristy talked about, is the time when she was reviewing resumes for a Communications Internship. After receiving over 500 resumes, the pile was quickly trimmed down to 17. "You ask why" she said, "because that's all that didn't have spelling and grammar mistakes in them."

A few of the breakout sessions offered on day one were Team Building, Any Meeting Anywhere, 4-H Mentorship Circles, Building Successful Learning Communities and Generating Momentum for Positive Youth Engagement. There were so many great sessions being offered and not enough time in a day to "soak" everything up. We had a great wrap-up to day one at the Canadian Museum of History.

On Day Two, Ann Makosinski started our day of "Science & Technology" off with her keynote address. As I am not a huge science person, I wasn't really sure what the breakout sessions would entail and if I would be interested or not. Turns out, I think that was my most enjoyable day. The sessions I attended were hand on and I had a great time. In the morning I attended "Rockets to the Rescue" and as you can guess, we built rockets and shot them off inside the Shaw Centre. It was so much fun!! "Rockets to the Rescue" is a program offered as part of the 4-H National Youth Science Day in the United States. They have guidelines in which we had to be able to launch a cargo package of food (3 raspberries in our case) into an area that has been damaged and air is the only way to get food items to the people trying to survive there. After building our rockets, we went to an empty room and launched them off. It was interesting to see how the different rockets made out and if our package of raspberries was still intact or not.

In the afternoon, I attended the "4-H Ag Innovators Inspiring Solutions for a Sustainable Future" session. Dr. Bob spoke to us on different things they are doing in the Ohio 4-H program to promote a sustainable future for the next generation. As part of our hands on portion of the session, we had to build motorized tillage equipment with the items we were given. We had such thing as skewers, pins, motored bugs, beads, pipe cleaners, and tape. This was a challenge but very fun to work with others as we built and tested out our equipment.



On day three, the pillar of discussion was "Sustainable Agriculture & Food Security". For the morning session, I quickly made my way to the "create Kitchen" for the "Global Food Party with Chef Lazarus Lynch". Chef Lazarus shared many stories of his travels and how everyone has a connection with food. He explained that everything is an experience and that he prefers to look for the "holes in the wall" when travelling as that is where the best food is and all the great stories that come with it.

Our evening on day three was held at the Canadian Agriculture and Food Museum. Our 4-H Night in the Country gave everyone an opportunity to learn about the different 4-H clubs being offered in the Ottawa area, walk thru the livestock barns and learn about the breeds, take a horse drawn wagon ride around the fields of the museum's farm, and enjoy a delicious BBQ. It was a great time to chat and reminisce about the new experiences had by all so far at the Global Summit.

On the last day, the pillar of discussion was "The Environment & Healthy Living". After Krysta Harden's keynote address, I ventured back to the crEATe Kitchen for a session on, "Potato 101 – All about Potatoes". Corporate Chef Carla Iwasiuk, EarthFresh, went over some of the basics of potatoes while she whipped up some yummy treats for us to sample. I love to cook but hadn't realized all the different varieties of potatoes and what they should be used for. Each variety of potato has a different level of dry matter and therefore you need to "Choose the right potato for the job".

Our last evening at the summit was held at the University of Ottawa campus. We enjoyed a great food truck dinner followed by an inspiring keynote address from Christie Nurse and a 4-H talent show. Our evening had to end early as a nasty thunderstorm pounded down on us so we quickly were rushed into the university campus. Sound equipment and water are not a good mix!!

This was a trip to Ottawa that I will never forget. These are just a few highlights of the 4-H Global Network Summit and I hope you get a chance to talk to someone who was able to attend. Everyone takes home a different perspective from these types of events and that's ok. We are all individuals who are very fortunate to be a part of the 4-H program.

Diane Armstrong

March Newsletter submission deadline: Feb. 20th
Send information to d.armstrong@eastlink.ca

Dates to Remember

January

30th – Early Bird Registration Deadline: 4-H Ontario Volunteer Conference & Annual Meeting (CAM)

31st – Application Deadline: Future Leaders in Action

February

6th – Province-wide Youth Leader Orientation Webinar

6th – Registration Deadline: Feb 13th Province-wide New Volunteer Orientation Webinar

13th - Province-wide New Volunteer Orientation Webinar

14th – Valentine's Day

19th – Family Day

21st – Province-wide New Volunteer Orientation Webinar



March

4th - Roundup #1 – 2018 4-H Club Sign-up Opportunity – IE Weldon Secondary School, Lindsay, ON

7th – 8th – East Central Farm Show, LEX grounds, Lindsay, ON

8th – Region 3 In-Person New Volunteer Orientation Session, Belleville, ON

17th – St. Patrick's Day

25th – 27th – CAM, Nottawasaga Inn, Alliston, ON

30th – Good Friday



If you no longer wish to receive the KLH 4-H newsletter, please notify
d.armstrong@eastlink.ca

A few photos from the **KLH Dinner & Awards Program** held in November.



Congratulations to everyone!!!

