LEADERSHIP In Action

volume 12 / issue 01
official publication of 4-H Ontario

2012 Special Edition
your guide to all things 4-H
The Ontario 4-H Foundation is a registered charity supporting the long term financial needs of your 4-H program. The creation of local Association Endowment Funds is a key commitment of the Ontario 4-H Foundation. Growing the gift of leadership together ensures generations of 4-H'rs receive the same high quality programming.

Foundation Trustees make a volunteer commitment of their time and skills to grow every financial opportunity from the smallest clover to the largest tree.
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Editor: Stephanie Craig
Copy-editor: Nikki Kross

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Editorial correspondence and subscription information:
4-H ONTARIO
5653 Hwy 6 North, RR5,
Guelph | ON N1H 6J2
ph: 1-877-410-6748 | fx: 519-824-8759
communications@4-hontario.ca
4-HOntario.ca

Publication Mail Agreement #40022887

4-H ONTARIO STAFF
LEADERSHIP
Executive Director • Wraychel Horne
SUPPORT
Executive Assistant • Patricia Hass
Office Assistant • Cindy Byers
PROGRAMMING
Sr. Mgr., Programming • Marianne Fallis
Coordinator, Programming & Events • Hanica Van Looyen
Coordinator, Programming & Resources • Elizabeth Johnston
Coordinator, Sen$e Programs • Andrew Campbell
COMMUNICATIONS
Sr. Mgr., Communications • Stephanie Craig
Coordinator, Communications • Nikki Kross
Coordinator, Alumni Services • Lois James
COMMUNITY ENGAGEMENT & DEVELOPMENT
Senior Manager, Volunteer & Community Engagement • position open
Coordinators, Volunteer Support
Region 1 & First Nations Outreach • Matt Hill
Region 2 • position open
Region 3 • Megan Burnside
Region 4 • Faith Kirk
Region 5 & 6 • Todd Stewart
Coordinator, Database • Charlotte Palmer
FINANCE
Sr. Mgr., Advancement & Development • Andrew Moore
Sr. Mgr., Human Resources & Finance • Doris Curran
Coordinator, Finance • Trisha Lefer

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ABOUT 4-H

WHAT IS 4-H?

4-H is a grassroots organization of leaders building leaders. At 4-H we believe it is important to look at the big picture; youth need to see beyond themselves and focus on how their actions affect personal relationships, their community, the environment and society as a whole. This is reflected in the 4-H Pledge, which is said at the beginning of every 4-H meeting and event. The 4-H Pledge encourages a balanced lifestyle (intellectual, emotional, physical, spiritual), and reminds participants to always aim to be a good friend, mentor, community member and citizen. Dedicated Volunteers work with Members to develop leadership and life skills that equip them with tools to reach their full potential and become conscious and contributing citizens.

4-H’rs take a “Learn To Do By Doing” mentality. Members, youth aged 9-21, and Volunteer Leaders come together to create a 4-H Club and learn about a selected topic through hands-on activities and mentorship. 4-H activities and Clubs are structured in a manner that develops leadership skills including public speaking, communication, decision making, parliamentary procedure, meeting management and networking while educating Members about the topic at hand.

For 4-H Members the Club is a safe environment that fosters personal growth and development. We practise and encourage team collaboration, peer-to-peer support and independent learning. Leaders guide Members through activities yet still provide them with the freedom to make their own mistakes and assist one another in the learning process. 4-H’s learning approach, the development of life skills and leadership, and a focus on community involvement, makes the 4-H program unique.

THE 4-H CLUB

4-H Clubs are comprised of a minimum of six 4-H Members and two trained, screened Volunteers who act as Club Leaders. The Club decides on a topic and through Leader instruction, and hands-on learning, Members learn about the topic during 4-H meetings. In addition to gaining a hands-on education, Members develop leadership skills, they gain an understanding of how an individual can affect their community and country, and they make lasting friendships.

4-H Meetings

Clubs come together for six, two-hour meetings. Meetings are organized by the Club Volunteers (also known as Leaders) and learning content can take many forms – tours, guest speakers, demonstrations etc. 4-H meetings are structured with formal meeting time and hands-on learning.
time. The formal meeting time is often referred to as the “business portion” of the meeting. This is when 4-H’rs learn about parliamentary procedure and discuss Club issues and opportunities. Once the “business” has finished, Members are led by Leaders and fellow Members in hands-on activities. Meetings are typically wrapped up with social recreation and snacks. Members must participate in at least 2/3 of Club meeting time and participate in the Club Achievement Program to complete the Club project.

The Club Executive
Each Club has a variety of executive positions. These positions work with each other, and other Club Members, to accomplish goals set by Club Members. They also help guide meetings to ensure everything runs smoothly. The roles of President, Vice President, Treasurer, Secretary and Press Reporter are typical positions in each Club. All Club Members vote to elect their peers to these positions. These executive roles also provide leadership opportunities for Members.

Club Achievement Programs
In addition to learning during meetings, Members also decide on, and participate in, a Club Achievement Program. They plan and execute their Achievement to “complete” the project. The goal of hosting an Achievement Program is to publicly celebrate the Club’s accomplishments. It’s a time for Members to share the knowledge and skills they have gained with others. The Achievement Program is also a great time to inform family, friends and the public about 4-H. Examples include: a community bake sale, showing a project animal at a fair, a camping trip, or hosting an art-a-thon.

Mentorship
4-H Volunteers encourage peer-to-peer collaboration. The wide age range of 4-H Members fosters a natural mentorship approach. Older Members take leadership roles to encourage and teach the younger Members. Members build lasting friendships and learn to look to each other for support and knowledge.

Another amazing thing about 4-H is the mutual learning, growth and development that occurs for both the Member and Volunteer. 4-H strives to develop leadership and life skills in youth but Club Leaders always come away feeling equal benefit. Volunteers have the opportunity to watch the Members they work with grow and develop. Seeing youth develop leadership skills and gain an understanding of how they can affect their community and country is an amazing reward.

4-H is for youth, but as leaders we also have the opportunity to learn and grow as citizens right along with our Members. It’s truly a program for everyone to succeed.”

Shelley Barfoot O’Neill, 4-H Volunteer for 18 years & Syngenta 4-H Ontario Arbor Award recipient

WHAT MAKES 4-H DIFFERENT?

It can happen anywhere.
4-H Clubs can happen around a kitchen table, in a forest, a barn or at a community centre. What defines a 4-H Club is not where it happens but the people who belong to it. If you have a group of six Members, and two trained and screened 4-H Volunteers, you have a 4-H Club.

A unique approach.
Youth need outlets to explore learning beyond the classroom. Most youth like to “get in and get their hands dirty”, and 4-H fully supports this learning style. The “Learn To Do By Doing” approach is about exploring, making mistakes and learning through physically trying. 4-H’rs choose topics that interest them and the learning possibilities are endless. You can learn about chickens, frisbee and sewing your prom dress all within one program!

A strong history.
For 97 years 4-H’s been known as a leading program for building leadership, life skills and community involvement. The roots of the 4-H program were farm focused and directed at the development of rural youth. Throughout the last century, the program has evolved to engage youth from both rural and urban settings. Clubs focus on a wider array of issues pertinent to today’s youth. 4-H is recognized across the globe as a program that teaches essential skills for youth to become proactive forces within their communities. In fact, the 4-H movement can be found in about 80 countries.
JOINING 4-H

1. **Step 1** Go to www.4-hontario.ca/join and fill out the New Volunteer Application Form online. You must be at least 18 years of age. The Application will be received by 4-H Ontario staff and your local 4-H Association* Volunteer Screening Coordinator.

2. **Step 2**
   - You will receive an email confirming your electronic application has been received.
   - You’ll also receive a phone call from your local Coordinator, Volunteer Support to answer any questions you may have and explain the process of becoming a 4-H Volunteer. A follow up email will also be sent with more information.
   - The 4-H Ontario office staff will mail you a Police Record Check request package. It will detail the steps you need to go through to complete the required Police Record Check.

3. **Step 3** Next you’ll attend a 4-H Ontario New Volunteer Orientation session. The Orientation takes about three hours and is facilitated by your local Coordinator, Volunteer Support. The session will teach you the basics of 4-H and you’ll get to know some fellow 4-H Volunteers.

4. **Step 4** You will be contacted by your local 4-H Association Volunteer Screening Coordinator who will conduct an interview and reference checks. Your local Association will then send in their Volunteer Recommendation to the provincial 4-H Ontario office.

5. **Step 5** Once the approved Association Recommendation and an acceptable Police Record Check is received, 4-H Ontario staff finalize Volunteer status. You will receive written notification from 4-H Ontario staff congratulating you on completing the process of becoming a 4-H Volunteer!

6. **Step 6** You will be mailed a 4-H Ontario membership card and emailed a 4-HOntario.ca login to access project materials and support resources. This entire process should take about three months.

*Please note, to volunteer you must be at least 18 years of age.

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MEMBER

1. Step 1 Go to www.4-hontario.ca/join and fill out the New Member Inquiry Form. You must be between the ages of 9–21 years old as of December 31 of the previous year.

2. Step 2 The inquiry is sent to your local 4-H Association* Membership Coordinator. Your Association Membership Coordinator is a 4-H Volunteer and will contact you with more information about joining 4-H Clubs locally.

3. Step 3 You will join a local 4-H Association and pay your Membership fee to the Association. You will need to pay an annual Provincial Membership fee of $65. Some 4-H Associations have additional fees to cover local costs depending on the different services they provide. The Association Membership Coordinator will be able to explain all of this to you.

4. Step 4 You will be connected with Volunteers in your local area and you will join their Club by filling out a Membership List. After that, your 4-H Volunteer will keep you informed on all your Club meetings, activities and responsibilities.

*HOLD THE PHONE!
What’s an Association?

When you join 4-H Ontario you are connected to a group of 4-H’rs in your local area. In 4-H lingo these are called 4-H “Associations”. These Associations belong to the greater whole of 4-H Ontario and deliver the program at the local level. Think “local chapters” or “groups”. The majority of your 4-H experience will happen with your Association but everyone is a 4-H Ontario participant and receives the benefits of the provincial organization including insurance coverage, programming, resource development and Volunteer support.
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<td><strong>February 25 Region 6 Volunteer Symposium</strong>&lt;br&gt;Registration Deadline: Feb. 10&lt;br&gt;London, ON</td>
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<td><strong>April 24 &amp; 26 Association President &amp; Vice President Teleconference</strong>&lt;br&gt;Noon and 8 p.m. (EST)</td>
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<td><strong>April 31 Market Sen$e</strong>&lt;br&gt;Registration deadline: May 10&lt;br&gt;Kemptville Campus, University of Guelph, Kemptville, ON</td>
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<td><strong>June 16 Discovery Day</strong>&lt;br&gt;Registration deadline: Jun. 8&lt;br&gt;Perth &amp; District Community Centre, Perth, ON</td>
<td><strong>June 21–23 Market Sen$e</strong>&lt;br&gt;Registration deadline: May 10&lt;br&gt;Kemptville Campus, University of Guelph, Kemptville, ON</td>
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<td><strong>March 25 Region 6 Volunteer Symposium</strong>&lt;br&gt;Registration Deadline: Feb. 10&lt;br&gt;London, ON</td>
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The Ontario 4-H Foundation Golf Tournaments are a great opportunity for agri-industry partners to be exposed to 4-H in a social way. Golfers get to interact with 4-H Volunteers, staff and other 4-H stakeholders. At the Golf–East Tournament I always try and get crafts made by 4-H Members for the silent auction. What better way to support 4-H than displaying a 4-H’rs hard work proudly in your office.” – Randy Seguin, 4-H Volunteer for 9 years and Golf East Chair

**JULY**

- **July 12–14** Canada’s Fruit & Veg Tech X-Change
  St. Williams, ON
  www.fruitvegtechxchange.com
- **July 13** Volunteer Orientation
  Across Ontario - See pg. 32
- **July 23–27** Career Sense
  Registration deadline: Jun. 28
  University of Guelph, Guelph, ON
- **July 31** Association Representative Teleconference
  Noon and 8 p.m. (EDT)

**AUGUST**

- **August 1** Association Representative Teleconference
  Noon and 8 p.m. (EDT)
- **August 9–11** Beef Sense
  Registration deadline: Jun. 28
  University of Guelph, Guelph, ON
- **August 10** Volunteer Orientation
  Across Ontario - See pg. 32
- **August 13–16** Youth Adventure Camp
  Registration deadline: Jul. 2
  Ganaraska Forest Centre, Campbellcroft, ON
- **August 23–25** Crop Sense
  Registration deadline: Jul. 12
  Ridgetown Campus, University of Guelph, Ridgetown, ON
- **August 29** Association Membership Coordinator Teleconference
  Noon and 8 p.m. (EST)

**SEPTEMBER**

- **September 14** Volunteer Orientation
  Across Ontario - See pg. 32
- **September 7–16** Western Fair
  London, ON
  www.westernfairdistrict.com
- **September 11–13** Canada’s Outdoor Farm Show
  Woodstock, ON
  www.outdoorfarmshow.com
- **September 17 - 22** International Plowing Match and Rural Expo
  Waterloo, ON
  www.ipm2012.ca
- **September 25** Association Membership Coordinator Teleconference
  Noon and 8 p.m. (EDT)
- **September 30** Association Membership Coordinator Teleconference
  Noon and 8 p.m. (EST)

**OCTOBER**

- **October 6** Regional 1 Volunteer Orientation
  Across Ontario - See pg. 32
- **October 10–12** Region 1 Volunteer Orientation
  Locations across Northern Ontario - See pg. 32
- **October 12** Volunteer Orientation
  Across Ontario - See pg. 32
- **October 16–17** ROI Leading Edge Summit
  Hockley Valley Resort, Orangeville, ON
  www.stepstoleadership.ca
- **October 16 & 18** Association President & Vice President Teleconference
  Noon and 8 p.m. (EDT)
- **October 30** Association Membership Coordinator Teleconference
  Noon and 8 p.m. (EST)

**NOVEMBER**

- **November 2–11** Royal Agricultural Winter Fair
  Exhibition Place, Toronto, ON
  Full listing of show dates at: www.royalfair.org
- **November 3** Canadian Young Speakers for Agriculture Competition
  Royal Agricultural Winter Fair
- **November 7** Show Your 4-H Colours Day
  www.4-h-canada.ca
- **November 9** Volunteer Orientation
  Across Ontario - See pg. 32
- **November 19–24** Agribition
  Regina, Saskatchewan
 CLUB PROJECTS
what interests you?

On the following pages you will find over 80 awesome 4-H Club projects to choose from. Whoa! Contact your local Volunteers to find out what Club projects are running in your local area. You can either join a local Club or start your own. If you are looking for Club project materials contact your local Association Resource Contact or sign in to 4-HOntario.ca and download the materials from there. Alternatively, contact the 4-H Ontario office at resources@4-hontario.ca or 1-877-410-6748. If you see (F), this means this project is also available in French.

**AGRICULTURE**

**Agriculture Awareness**
This project provides an open space for Members to discuss issues that shape the perception of Ontario’s agriculture industry. This project allows you to become a strong ambassador for Ontario agriculture while stretching your critical thinking and communication muscles.

**Agricultural Hazards Safety**
There’s a reason for the saying “safety first.” Safety is important, especially in the agriculture industry. This project will teach you about the main hazards you could encounter when working in agriculture, and how to best address these situations. You’ll come away feeling confident and prepared to navigate farms safely.

**Farm Safety**
This project will make you into the ultimate farm safety ambassador. You’ll learn about the many hazards related to agriculture and farming, and how to prevent them.

**Field Crops - Species and Management**
This project provides a great intro to Ontario field crops. Become versed in the various species of Ontario field crops and their production techniques, develop skills in plant identification, and grow your very own crop (or observe a friend’s). By the end of this project, you’ll be identifying crop species with your eyes closed.

**Field Crops - Weeds Insects and Diseases**
In this project you’ll investigate the villains of field crops. You’ll learn practical detective skills and solutions to pest identification and control. Discover who the pests are, and which are friend or foe. You’ll be a field crop detective when this project is through.

**Loyal to the Soil - Soil Conservation**
This project focuses on soil structure and conservation. Discover how soil is made, how we grow crops and practical ways to keep it where it belongs. Grab a shovel and dig-in!

**Plowing**
This project is all about soil basics and tillage; you’ll learn how to control erosion and plan a field layout. Once that’s covered, you’ll move on to plow upkeep and maintenance for a well rounded lesson in plowing 101.

**ANIMALS**

**Animal Friends (F)**
This is a great project for junior Members who love all animals and just can’t seem to decide which pet to choose. You’ll learn how to choose the right pet for you, and how to handle and care for your pet. You’ll be ready for pet ownership in no time.

**Beef**
This project is about exploring the life cycle of a beef cow. You’ll learn how to bottle-feed and care for newborn calves, how to purchase the right kind of cattle at the right price and how to prevent disease transmission. The steps beef farmers can take to support their industry are also covered.

**4-H Spotlight**

**Rabbit**
This project covers anything and everything you may want to know about raising and showing rabbits. You’ll learn about selection, husbandry, feeding and exhibiting rabbits. Handling rabbits, watching them grow and learning how to care for them is what this project is all about. Get to know a new fuzzy friend!

Dennis Bolender and his wife, Lorrie, lead the York Rabbit Club together. Lorrie has been running 4-H Clubs for quite some time so when the transition was made from requiring one leader to two leaders per Club, Dennis stepped up to the plate to help out. “The 4-H organization has been great for my kids, so why not give back,” Dennis explains. In the process of giving back to 4-H, Dennis has been able to receive a lot of benefit as well. “I enjoy working with the kids and also learning along with them. It’s great to see the young kids showing their rabbits with confidence, and then the smiles on their faces when they are awarded a ribbon is priceless.” Dennis has an extremely hectic schedule and his 4-H time has been able to double up as socializing time as well. “4-H gives me the opportunity to meet
other parents. We live on a dairy farm and I don’t get very many chances to be out socializing, 4-H gives me that opportunity.” Sounds like Dennis was definitely able to take the 4-H philosophy into action and made this an equally beneficial experience for both Member and Leader alike.

“4-H gives me the opportunity to meet other parents. We live on a dairy farm and I don’t get very many chances to be out socializing, 4-H gives me that opportunity.” – Dennis

Dairy
This project (and the dairy industry) is about more than just milk. This project will teach you the ins and outs of a successful dairy operation. You’ll also cover basics, such as showing and animal care, and new and relevant dairy farming tools and practices.

Goat
This project has three key areas: housing and health, goats for all reasons, and nutrition. You’ll pretty much learn everything you need to know to keep your goat happy and healthy. You’ll also learn how to show a goat so you can proudly display all your hard work.

Horse
This project covers a wide variety of topics related to horses. You’ll learn the ins and outs of horse health care and the how-tos of riding. With the help of this project, you’ll be well acquainted with horses in no time.

Poultry
This project has three key areas of focus: housing and health, nutrition and breeding, and marketing. Among many other things you’ll learn the difference between a good and poor bird, and you’ll also become familiar with poultry housing.

Sheep
In this project you’ll learn about health, nutrition, breeding, lambing, selection, housing, transportation, marketing and animal welfare. Showmanship and judging will be covered too. It’s safe to say “ewe’ll” know a thing or two about sheep after completing this project.

Swine
This project teaches Members how to provide the consumer with lean, nutritious and residue free pork. Plan to learn about breeding, health, nutrition, housing, and management.

Veterinary
Veterinary projects are a fun and interactive way to teach some basics of veterinary care. Diseases, animal anatomy and genetics are just some of the topics covered. Best of all, you may even have the opportunity to go behind the scenes at a vet clinic or visit an animal research centre.

ARTS & CRAFTS

The Art of Photography
What types of cameras are there? What makes up a camera and how does it work? In The Art of Photography, you’ll explore the world of digital cameras including: camera technology, different resolutions, how to print pictures from your computer, and what makes a great digital camera.

Exploring Photography (F)
Learn to take beautiful photographs no matter what your age or experience level is. This project focuses on the basics of film cameras and how to use this type of camera to capture a spectacular image.

Craft Project
Work with your hands and be creative! Learn about a variety of craft techniques, mediums, and basic colour and design concepts. The practical skills of crocheting, using nature in crafts, needlework, painting, and quilting can all be developed.

4-H Spotlight

Working With Wool - Knitting Is Kool
Knitting is Kool is an update on the Working with Wool project (pg. 12) that includes more knitting projects to try. This project lets you learn more about working with yarn, garment care and cool activities like felting and spinning.

Sarah Abercrombie is a big fan of the Knitting Is Kool project. This Wellington 4-H life skills Club lover joined Knitting Is Kool when her friend asked her to join the Club with her. Sarah’s grandma had already taught her how to knit so Sarah thought this Club was a great opportunity to practise her knitting skills and have some fun. Little did she know, Sarah was about to get more than she bargained for, but in a good way of course. Because Sarah was a more experienced knitter, she was able to confidently develop her leadership skills by helping teach other Members how to knit. She also had the opportunity to give back to her community when the Club decided to create a knitted item for charity. “It was pretty cool because we made one thing for ourselves and then we also made an item for charity. It made me feel really good to be able to give back. It was great because I learned new skills and was able to help others out.” Sarah’s story sure demonstrates that there definitely is more to 4-H projects than the tangible skills they cover.

“It was pretty cool because we made one thing for ourselves and then we also made an item for charity. It made me feel really good to be able to give back.” – Sarah
Home Decor Planning
Learn techniques to add the touches to make a house a home. Develop your own style by adding personal flair to your decorating plan through window treatments and home accents. This project is sure to bring out the interior designer in you.

Scrapbooking
Experience the creative process of building wonderful pages and memories through the art of scrapbooking. Learn the how-to’s including photo care, cropping, storage, scrap recovery and journaling. An advanced level project covering digital scrapbooking, mini albums, genealogy and much more, is also available.

Sew Easy (F)
This project is a great opportunity to get acquainted with the world of sewing. You’ll learn how to use a sewing machine, how to select and read a pattern, how to measure fabrics, and fine tune the fit. Once you’ve learned the basics, you’ll have the opportunity to design and construct your own clothes. It’s a pretty cool experience!

Sewing Plus (F)
This step up from Sew Easy will take your garments to the next level. You’ll add a little flair and pizzaz to your newly constructed clothing by learning sewing techniques for pockets, facings, collars, cuffs, topstitching and hems. Cool games like “Big Shirt Bingo” and “Sewing Crosswords” will help you remember these helpful tips.

Woodworking (F)
Ever wanted to try your hand at woodworking but didn’t have the tools? This project is a great opportunity to partake in some wood working fun and all you need to bring is your creativity. Bird feeders and musical instruments are just a couple of the things you could make. Two project levels are offered – one for beginners and one for the more experienced.

Working With Wool - From Fleece to Yarn (F)
Learn the basics of knitting. From the history to making basic stitches, dyeing, and carding there is plenty of activities to expand your fleece and yarn creation horizons.

FOODS
A Taste of Ontario’s Fruit and Vegetables
There’s a reason your parents told you to eat your fruits and veggies; they really are important for vibrant health! In this project you’ll learn why fruits and veggies are necessary in your diet and how to prepare some delicious, and nutritious, fruit and veggie foods. A local focus increases awareness of the variety grown in Ontario.

All Manner of Red Meat
Red meat is an important element in our diet. Choosing the right kind of red meat and understanding how to properly handle and cook it, can be a tricky task to master. This project will teach you everything there is to know about red meat to make you an informed and safe consumer. There are great recipes included too! YUM!

Breadventure (F)
This is your opportunity to learn how to make tasty, warm, freshly baked homemade bread! Learn the five basic techniques of bread making as well as common problems and their causes. Create your own dough art, flowerpot bread, pretzels and pitas. Now, if only there was a butter project . . .

4-H Spotlight
Milk Makes It Better (F)
Milk Makes It better is all about dairy products and dairy substitutes. You’ll learn why dairy products and dairy substitutes are an important component of our diet, how they’re made, and how to cook and prepare foods containing these delicious items. Of course, taste testing is a must in this project. Say cheese!

Jay Lennox has been a Grey 4-H Member for six years. He originally joined 4-H when he was 10 years old because he was interested in showing sheep. His older siblings were in the program so he naturally jumped on board. Jay completed the Sheep Club in Grey County and became a big fan of the 4-H program. That same year, he also joined a life skills Club to broaden his 4-H horizons. Jay recently developed an interest in milk production and milk products so he decided to join his local Milk Makes It Better Club to learn all about dairy and dairy substitutes. The tour of Saugeen Country Dairy, and recipe and product sampling made for a great experience. “I really enjoyed the Milk Club!” said Jay. Sounds like an educational and delicious experience.

It definitely furthered my knowledge of the milk industry and I also acquired a taste for maple syrup flavoured yogurt.” – Jay

Batter Up (F)
Who doesn’t love a delicious baked treat? This project is baking 101 with a twist. You’ll learn how to bake various items, but the focus will be on healthy alternatives to traditional treats. These treats will taste just as delicious and be nutritious. How perfect is that?
**Breakfast Bonanza**
Breakfast is the most important meal of the day but eating the same thing over and over again can be boring. In this project you'll learn what foods are great to include in breakfast to start your day off right and how to spice up your morning meal.

**Chocolate**
Chocolate is known as the “Food of the Gods” and for good reason. You’ll learn everything there is to know about chocolate! Explore the history of chocolate, the production of chocolate and, best of all, how to make your own chocolate. What a delicious project!

**Foods Project**
We are what we eat. It’s important to know where your food comes from, what its nutritional content is and how to shop wisely; this project will teach you just that. Fun activities like Brown Bag Olympics, Neon Milk and Taste Tests will keep things exciting.

**Good Foods Fast (F)**
When everyone is always on the go, it can be tricky to prepare meals. This project provides some healthy and quick meal choices that are sure to satisfy your hunger, and stay within your time restrictions.

**Great Chicken and Egg Project (F)**
What came first? The mystery unravels as you experience hands-on cooking and creating with eggs and poultry. Discover the versatility of eggs and chicken, and follow the chicken and the egg as they cross the road from farm to store. Experience first hand the role eggs play in your food.

**Healthy Eating ‘Round the Clock (F)**
This project is just as it sounds. Learn how to make healthy and delicious food creations for every meal. Build the ultimate sandwich or create an edible dinner centerpiece. Come hungry and ready to be creative!

**Maple Syrup - General (F)**
This project is a great introduction to the world of maple syrup. Make snow taffy, syrup, maple-mountains, and bark and leaf rubbings. Try recipes that use maple syrup and think up new ways to market this sweet product.

**Maple Syrup - Advanced (F)**
This project is the next step in the maple journey, and it has a larger focus on a healthy woodlot. You’ll continue to learn about production, marketing and uses of maple syrup. Take your sweet tooth to the next level!!

**4-H Spotlight**

**To Your Good Health**
No time for a healthy lifestyle? Think again. In this project you’ll learn to make better choices – big and small – to lead a healthier lifestyle. The focus is on healthy eating, fitness and developing a positive self-image.

Bailey Pool is an eager Chatham-Kent 4-H Member who joined the program as soon as her tenth birthday rolled around. “I am the youngest of 5 kids in my family and I watched all my brothers and sisters join 4-H and my dad led 4-H Clubs and I just couldn’t wait to be old enough to join too,” said Bailey. Bailey’s love for cooking and baking, coupled with a keen interest in self-defense, lead her to join To Your Good Health last year. Bailey didn’t like branching away from her standard food choices so the project was a great option to broaden her horizons and learn some unique new skills at the same time. “This Club helped me see that there are a lot of foods out there that I’ve never tried and made me more willing to give something new a try” – Bailey

**Power of Produce**
Discover the full cast of Ontario fruits and vegetables and see them in a new light as you experience taste testing and other food activities. Play “Let’s Make a Meal” and create a jingle about fruits and veggies.

**Spice of Life**
Variety is the spice of life. All you ever wanted to know about herbs and spices is here. Discover how to use spices in cooking and crafts, and for cosmetic and therapeutic uses. Make salsa, guacamole, herbal tea, herbal sun catchers, potpourri, aromatherapy hand massage, herbal lip balm, shampoo and more!

**MACHINES**

**Farm Machinery - Harvesting**
This project is the ultimate crash course in harvesting farm machinery. Weigh and analyze forage samples, examine worn and damaged parts, and learn about harvesting bottlenecks. Investigate forage harvesters, blowers, and forage wagons, and learn why adjustments are crucial to avoid delays and prevent crop losses.

**Farm Machinery - Tractors**
This project is Tractors 101 at its finest. You’ll discover the history of the tractor and the six phases in its development. You’ll learn how a tractor really works and how to keep it working. And finally you’ll explore how a tractor should be prepared for work and how to operate it safely.
Leadership In Action

Safety and Tillage Equipment
Proper safety techniques are key to preventing injuries on and off the farm. This project will teach you how to protect yourself, and others, in a variety of at risk situations. Topics covered include: understanding fire and how to prevent and control it, large and small machine safety, personal protection equipment, and safety on the road.

Small But Mighty Machines: Small Engines
Get your gears going with hands-on learning. You’ll explore how an engine works, the parts of an engine, cleaning, maintenance and troubleshooting. If you are interested in mechanics, agriculture, ATVs and other sport machines, this is for you!

MARKETING

Consuming Passions (F)
This project will teach you to become an informed and wise consumer. You’ll learn how to spot the best bargains, how to shop on a budget, how to become a green consumer, and much more. With the help of fun and informative activities, you’ll pretty much become a consumer guru.

Explore 4-H (F)
Want to know more about 4-H? Explore several interesting topics rather than just one. This is a great way to introduce young Members to 4-H and enable them to explore their interests. Fun activities on a variety of topics are a great way to get enthusiastic about your 4-H career.

Get Growing – Marketing 4-H
A great project for the experienced 4-H’r. In this project, you’ll help grow 4-H by learning effective marketing techniques that will enable you to share the 4-H experience. This is a cool opportunity because it gives you a chance to learn useful transferrable marketing skills, while sharing some of your favourite things about 4-H.

Marketing 4-H
In this project, you’ll get a great intro crash course in marketing. You’ll learn basic marketing principles and strategies, how to organize and coordinate a fantastic special event, how to conduct market research and the role of publicity in marketing.

OUTDOORS & ENVIRONMENT

A Walk on the Wild Side (F)
This is a great project for those who love outdoor adventures. You’ll learn all about trail walking and hiking by exploring local farms, trails, conservation areas and more. You’ll also get a crash course in camping to learn what it takes to have a successful camping trip. These two activities are the perfect pair.

Eye on Energy
It’s important to play your role in creating a sustainable future. You may only be one person but you can make a difference in society’s energy use and conservation; this project will teach you how. Gain a greater appreciation of the importance of energy, become aware of alternate forms of energy and develop a better understanding of how specific types of energy impact our environment.

Our Great Outdoors (F)
This project will teach you all about the ecosystems that are found right in your own backyard, figuratively speaking of course. You’ll learn about plants and animals that reside in urban parks, water systems and forests. There’s many exciting habitats just waiting to be explored.

Outdoor Living
With seven themes and over 100 activities to explore there is an adventure to be found for all ages. You’ll learn about the great outdoors by fishing, searching for constellations, creating a forest in a jar or making your own tornado! If you love exploration this is your perfect project!

Protecting Planet Earth (F)
This project will teach you about the current state of our environment and the steps you can take to create positive change. By learning the Now I Must Become Involved method, you’ll become informed and involved. Perfect for youth interested in conservation and sustainability.

Watching Out for Wildlife
This project will teach you about the wildlife in your area. You’ll learn where local wildlife live, how they live, what actions affect their habitats and how to design a wildlife/habitat improvement project. This project will have you going on silent hikes and forest crawls to learn about animal habitats and what animals have done to adapt to the changing landscape.

PERSONAL DEVELOPMENT

Community Involvement
Do you see things you would like to support, build or change? If the answer is yes, then a community involvement project is the right project for you. Explore the world of giving back, learn how to identify social issues that concern you, and design action plans to address them.

Cultural Diversity (F)
I am Canadian! Explore and discover how each culture in a multicultural society keeps its own unique “flavour” while making up the mosaic of Canada. Discover more about your culture and the cultures around you by sharing your experience with others.

Financial Fitness (F)
This project is designed for senior 4-H Members. Money management is a very important skill to have and it’s something you’ll use for the rest of your life. Now that you’re old enough...
to work, and since the dollar bills may be rolling in, it’s time to learn about cheque writing, investments, credit ratings and more. These skills will go a long way so it’s worth investing your time in this project.

Fitness and Health the 4-H Way (F)
This project will introduce you to the topics of fitness and health. You’ll gain a good understanding of what fitness and health really means and you’ll learn how to set your own fitness and health goals. This is a fun approach to developing a healthy lifestyle because feeling good never goes out of style.

Future Focus - Making the Right Career Choices (F)
This is a great project for older 4-H Members. By assessing your interests, skills and goals, you’ll explore career and training opportunities that are a good match for you. “Learn To Do By Doing” will be applied to improve job search and interview skills. This project will definitely help you carve a path that will lead to your dream job.

Job Hunting (F)
This is a great project for those entering the world of employment. You’ll start off by assessing your interests and skills to find out what kinds of jobs will be a good fit for you. Next you’ll move on to resume creation and practise interviews to acquire the skills necessary to secure the job of your dreams.

Leadership
This project is designed for senior 4-H Members. In the Leadership Project you will focus on developing skills that create great leaders. Emphasis will be on communication, leadership styles, listening and collaboration.

On Your Own - You Can Do It
By exploring ideas and practicing skills, this project will help you gain the confidence to be on your own. It focuses on everything from doing laundry to basic cooking, to personal safety. You will develop skills and confidence to live more independently.

Our Heritage (F)
Are you curious about your family background? It’s time to gather old pictures, letters, and diaries to learn the history of who you are and where you came from. Make a video about pioneer life, do some scrapbooking, or develop a tour of your area to include historical points of interest.

Your Best Foot Forward – Etiquette (F)
Learn proper etiquette in a variety of everyday situations. Show respect and consideration for others. Knowing what to say and how to act in various situations are skills anyone can learn.

PLANTS
A Greener House
This is a great project for plant enthusiasts. Activities include building a terrarium or dish garden, making flower arrangements, and growing a pineapple plant from the top of a grocery store pineapple. Whoa! If you want to garden but don’t have a big yard, this is a perfect project for you!

Grow Your Own (F)
In this project you’ll learn all about fruits, vegetables and herbs, and how to grow your own. You will also explore the world of larger gardens including commercial crops.

Let’s Landscape (F)
This is a great hands-on project with lots of opportunity to be creative. You will be introduced to the plant’s role in the landscape and develop basic design skills. Explore why people landscape and what materials can be used. If you like getting your hands dirty then this project is perfect for you.

A Sporting Chance - Focus on Fun
Build teamwork skills and have a great time. This is a very activity driven club that includes playing classic and favourite games, and it also has the opportunity to create and build your own game. You’ll have a blast participating in both indoor and outdoor challenges.

Felicity Armstrong is a young Parry Sound 4-H Member who has been involved in the program for three years. Felicity decided to join 4-H because it gave her the opportunity to participate in projects and activities that she normally wouldn’t be able to partake in. Felicity’s had her hand in a few projects but the Focus on Fun project was one that really brought her out of her shell and challenged her to learn new skills. By completing photography activities, Club Member competitions and sporting games, Felicity was able to develop her presentation, leadership and relationship building skills.

“I had to take a turn leading a Club activity and this isn’t something I normally do,” Felicity

4-H Spotlight
SAFETY FIRST

In and Around the Home (F)
Discover how to identify potential hazards, how to prevent them in the first place and how to react when an emergency does arise. Discover what happens when you receive a shock and where to place smoke detectors in your home. Learn about ladder safety, lawn mower safety, and safety when shoveling or blowing snow.

Looking Out For #1 (F)
This project explores a variety of topics that relate to personal safety. The goal is to ensure you are able to confidently make decisions that are in your best interest. Topics covered include: protecting yourself from crime, choosing healthy habits, and how to make safe decisions revolving around drug use and sexual activity.

SPORTS, DRAMA & DANCE

All the World’s a Stage (F)
Drama, it’s all about the three “c’s”: celebration, communication and community. Learn about story telling and the art of pretending. Discover the world of make up, hair design, lights and sound effects. Explore how radio, video, music, dance, puppets and masks fit into drama.

A Sporting Chance (F)
Learn to play a variety of games from soccer to croquet, aerobics to curling, and road-hockey to bowling. Try being a coach, trainer, referee or organizer. Get up, get active and have fun!

A Sporting Chance - Dance
This project will give you the opportunity to explore the art of dance. You’ll learn about different types of dance, dance in different cultures, choreography, composition and improvisation. Of course, you’ll practice everything you learn by getting up and dancing like crazy!

4-H Spotlight

Old Fashioned Square Dancing
This project will get you up and moving! You will learn various square dances as well as how to call a square, how to create a square dance costume and the history behind this fun tradition. This is a fantastic way to get out there and meet new people!

Social Recreation (F)
Social recreation (rec) is an important part of everyday life and gives us a chance to get to know those around us a little bit better. It’s a chance to take a break from the pressures of life and just have fun! Learn the basics of social rec, plan a social rec program, and with the help of other Members, you will also get to lead a social rec program. It doesn’t matter if you are shy, this Club is a perfect opportunity to meet people and get to know yourself.

Take a Kid Fishing
Gain an understanding of how to catch and release fish in a safe, ethical and responsible manner. Apply your skills in real fishing experiences and host an afternoon of fishing education and fun.

Take a Kid Ice Fishing
Learn to examine and evaluate a range of fishing gear and determine the differences between essential and non-essential gear on an ice fishing experience. Try your hand at creating an ice fishing rig and learn how to use the rig including presentation, hook set and landing fish.

OTHER CLUB PROJECTS

The Club projects listed below are available through the Canadian 4-H Council National Resource Network (a committee of provincial 4-H organizations across Canada). If you would like more information on any of these projects please contact resources@4-hontario.ca or call 1-877-410-6748.

Archery
This project will teach you the basics of archery to get you acquainted with this unique sport. Topics include: safety, range procedures, shooting with sights, compound bows, making archery equipment and bow tuning.
Body Works Series
This series will teach you to love, nurture and care for your body from the inside out. Projects range from nutrition and physical activity to self esteem and body image.

Canine
This project is designed for dog lovers. If you want to learn how to care for and work with dogs, then this project is for you. Topics covered include: housing, grooming, how the canine body works, nutrition, and basic training tips and techniques. Dog lover? You’ll love this project!

Cavy
The goal of this project is to develop a strong knowledge foundation for cavy breeding and ownership practises. Topics covered include: animal well-being, cavy stress, housing, nutrition, and care.

Computers
Computers 1-2-3- uses mini project exercises to teach you how to navigate the most common computer applications. These include: Microsoft Word, Microsoft Excel, Microsoft PowerPoint as well as applications for drawing and painting. Advanced level projects are also available. These cover the basics for processing, storage, file management and HTML.

Digital Video
This project focuses on digital video equipment and videography. You’ll cover a variety of topics in the preproduction, production and postproduction stages. This is a great introductory project for anyone who is interested in filming.

Digital Photography
This project is a fantastic beginners guide to digital photography. You’ll become well acquainted with digital photography equipment and you’ll also learn how to capture a great shot.

Fibres & Fabrics
Fibres & Fabrics is Manitoba’s sewing, knitting and quilting series. This series will teach you all about fabrics, patterns, fasteners and knitting. This project is a great way to explore the world of fibre and fabric creation.

Fisheries
The fisheries project series explores the world of fishing. Projects in this series look at fishing from various angles including fisheries, inland/ recreational fishing and aquaculture. You can definitely learn a thing or two about fish in this project!

Gardening
This is the perfect project for the plant enthusiast. You’ll learn an abundance of skills and knowledge related to plant life and gardening. Topics covered include: parts of the plant, how a plant grows, plant classification, harvesting, storing and inspecting.

Green Thumbs
This project focuses on the garden as a whole, rather than the individual plants within it. You’ll learn how to plan out the perfect garden, how to prepare the plot, how to plant the garden and how to keep your garden in tiptop shape. The project is called Green Thumbs for a reason!

Machines & Machine Series
The Machine Series is an update of the original "Machines" material, including projects on the following: oxyacetylene welding, electricity, simple machines, small engines, rocketry and shielded metal arc welding.

Potato
Potatoes are amazing. They can be used for cooking, fuel, arts and crafts, and so much more! In this project you’ll learn everything about potatoes from their rich history to potatoes on the farm, and potatoes in the kitchen. This awesome vegetable really does deserve a project of its own.

Sewing - with Fleece
This project is great for both beginner and experienced sewers. You’ll learn about fleece fabric selection and patterns, how to cut and mark fleece, how to sew fleece and how to create fun fleece projects of your own. A handcrafted soft and cuddly fleece blanket is just around the corner.

Technology Series
This series focuses on three areas: discovering presentations, discovering digital cameras and exploring technology. A wide variety of material is covered within each project to give you a good introduction to the topic at hand.

First Nations Support
Matt Hill, First Nations Outreach with 4-H Ontario, is dedicated to the promotion and support of 4-H activities in First Nations communities. Matt and 4-H Ontario are committed to outreach, connection and 4-H engagement.

There are many ways your community can engage with 4-H and running a Club project is a great one. All 4-H Club resources are adaptable to the needs of any group. Matt can help you brainstorm and creatively integrate your communities’ needs within the 4-H model. Contact Matt at firstnations@4-hontario.ca or 1-877-410-6748 x 473

I am eager to connect and engage with First Nations communities to ensure they have the support they want to run 4-H Clubs. I aim to participate in community events and hope that First Nations community members will let me know of any upcoming events that I can attend.” – Matt
DISCOVERY DAYS
Sponsored by: Ontario Cattlemen’s Association

For youth ages 9–12
Cost: $10/person
Maximum 60 participants per event
This is a day long event (arrive at 9 a.m. and head home at 3 p.m.)

Region 1
May 12
Registration deadline: April 27
Rainy River Recreation Centre,
Rainy River, ON

Region 2
June 23
Registration deadline: June 8
Perth & District Community Centre,
Perth, ON

Region 3
May 26
Registration deadline: May 11
Hillcrest Community Centre,
Belleville, ON

Region 4
June 16
Registration deadline: June 1
Alder Arena, TD Canada Trust Room,
Orangeville, ON

Region 5
June 2
Registration deadline: May 18
Hanover Colliseum, Hanover, ON

Region 6
June 9
Registration deadline: May 25
William K Ericson Arena,
Chatham, ON

These day long events are all about introducing you to the 4-H program. Visit different stations, try out different activities, and meet new friends your age. You’ll get to make crafts, learn about livestock, and try your hand at trivia and judging.

For more details or to register visit www.4-hontario.ca/discovery-days

Talk about a great idea! If your First Nations community is interested in hosting a day to explore 4-H please contact Matt Hill, 4-H Ontario’s Coordinator, First Nations Outreach. Matt would love to share the world of 4-H with your community. Contact Matt at firstnations@4-hontario.ca or 1-877-410-6748 x 473
YOUTH ADVENTURE CAMP

Supported by: Agriculture & Agri-Food Canada through the Growing Forward Policy Framework
Sponsored by: Turkey Farmers of Ontario

For youth ages 12–15
August 13–16 (4 days / 3 nights)
Ganaraska Forest Centre, Campbellcroft, ON

Cost: $200 + HST = $226
Registration deadline: July 2
Maximum 80 participants

Go on a 4-H adventure! Hands-on activities and games will develop your skills in teamwork, leadership, goal setting, communication and confidence. Make your summer camp experience a 4-H one! This 4-H camp is open to everyone.
For more details or to register visit www.4-hontario.ca/yac
PROVINCIAL 4-H LEADERSHIP CAMP
Sponsored by: Dairy Farmers of Ontario

For 4-H Members ages 15–21
March 2013 (6 days / 5 nights)

Cost: $250 + HST = $282.50
Maximum 80 participants

Provincial Leadership Camp is a truly unique and unforgettable experience. During this five-night, six-day camp delegates discover their leadership and organizational skills through friendship building, teamwork, team challenges and reflection. The ‘Learn To Do By Doing’ environment creates an atmosphere where everyone can thrive and develop lifelong skills and friendships. This camp is where 4-H legends are made. For more details or to register visit www.4-hontario.ca/leadership-camp
FUTURE LEADERS IN ACTION

Sponsored by: Parmalat Canada

For 4-H Member ages 16–21
March 10–13 (4 days / 3 nights)
Camp Kawartha, Peterborough, ON

Cost: $200 + HST = $226
Registration deadline: January 31
Maximum 50 participants

Future Leaders In Action (FLIA) is an advanced level interactive leadership development opportunity that combines leadership training and fun activities for a four-day, three-night experience participants will never forget. The leadership training modules will surround facilitation skills, group development and dynamics, teambuilding activities, group initiatives and more. A highlight for participants is the high ropes course. For more details or to register visit www.4-hontario.ca/flia
CONFERENCES

THE SUITE OF SEN$E PROGRAMS

The suite of Sen$e programs is funded in part through the Agricultural Management Institute (AMI). The AMI is part of the Best Practices Suite of programs for Growing Forward, a federal-provincial-territorial initiative.

beef sense

For youth ages 19–25
August 9–11 (3 days / 2 nights)
University of Guelph, Guelph, ON

Cost: $100 + HST = $113
Registration deadline: June 28
Maximum 40 participants

Find out what it takes to run a successful beef operation from some of the top farmers. Gain an advantage by learning the importance of management and how it can lead to increased profits. By touring top beef farms in Ontario, you’ll see successful management systems in action. Network with young beef farmers and industry leaders and learn the key elements of a succession plan. For more details or to register visit www.4-hontario.ca/beef-sense

Sponsored by: Ontario Cattlemen’s Association

career sense

For youth ages 14–18
July 23–27 (5 days / 4 nights)
University of Guelph, Guelph, ON

Cost: $200 + HST = $226
Registration deadline: June 11
Maximum 40 participants

Career Sen$e is sure to open your eyes to the world of career opportunities and help you get the job you want. Workshops and guest speakers will focus on resume and cover letter writing, interview skills and portfolio building. Tours will identify different post secondary school options (college, university, apprenticeship, direct to work) and different career opportunities. This conference is also a great opportunity to get a sneak peak of life on a post secondary campus (living in residence, eating in a cafeteria, class room sizes, etc.). For more details or to register visit www.4-hontario.ca/career-sense

Sponsored by: Pioneer Hi-Bred Limited

crop sense

For youth ages 19–25
August 23–25 (3 days / 2 nights)
Ridgetown Campus, University of Guelph, Ridgetown, ON

Cost: $100 + HST = $113
Registration deadline: July 12
Maximum 40 participants

The province’s top producers will share their tips on how to be a successful crop farmer. You’ll find out about new research that is generating high yields. Learn about the key elements needed for a succession plan and network with other young farmers in the crop industry. Find out why focusing on the financial and management sides of your farm can lead to higher profits. For more details or to register visit www.4-hontario.ca/crop-sense

Sponsored by: Pioneer Hi-Bred Limited
dairy sense

For youth ages 19–25
May 3–5 (3 days / 2 nights)
University of Guelph, Guelph, ON

Cost: $100 + HST = $113
Registration deadline: March 22
Maximum 40 participants

Gain management skills from some of the most successful dairy farmers in Ontario. Learn the impact of management decisions on the bottom line and how to run a more profitable dairy operation. Tour some of the top dairy farms in Ontario. Find out the key elements of a succession plan and network with other young dairy farmers. For more details or to register visit www.4-hontario.ca/dairy-sense

Co-managed with the Ontario Holstein Branch
Sponsored by: EastGen

market sense

For youth ages 19–25
June 21–23 (3 days / 2 nights)
Kemptville Campus, University of Guelph, Kemptville, ON

Cost: $100 + HST = $113
Registration deadline: May 10
Maximum 40 participants

Learn how to take your product from conception to a consumer at a market. Learn the importance of an intentional business plan and how it can lead to success. Hear others’ success stories through tours, presentations and networking. Explore, through workshops, succession planning, financial management and how to get your business up and running at a local market. For more details or to register visit www.4-hontario.ca/market-sense

“...The Sen$e programs focus on developing future industry leaders. What makes these conferences so successful is the support from industry partners. These partners work closely with 4–H to develop and deliver conference materials. This unique approach facilitates networking, knowledge transfer and it gives the delegates confidence when working in their industry.” – Andrew Campbell, 4–H Ontario Coordinator, Sen$e Programs
CONFERENCES

NATIONAL MEMBERS’ CONFERENCE
Offered through the Canadian 4-H Council

For 4-H Members ages 16–21
September 2012 (specific dates to be determined)
Location to be determined

Application deadline: June 1
Maximum of six participants selected
Upon being selected an additional $250 registration fee is to be paid to the Canadian 4-H Council

Are you looking for a chance to meet new people and learn about a range of issues? Are you looking to travel outside of your home town? During this conference you will participate in activities, workshops, hear engaging speakers and take part in tours. For more details visit www.4-h-canada.ca

NATIONAL CITIZENSHIP SEMINAR
Offered through the Canadian 4-H Council

For 4-H Members ages 16–21
April 2013 (specific dates to be determined)
Ottawa, ON

Application deadline: June 1
Maximum of six participants selected
Upon being selected an additional $250 registration fee is to be paid to the Canadian 4-H Council

Are you looking for a chance to visit the Nation’s Capital, take a guided tour of Parliament Hill, visit the War Museum and mingle with other 4-H Members from across Canada? During this conference you will learn about governance, parliamentary procedure, citizenship, politics and Canada’s rich history. For more details visit www.4-h-canada.ca

USA NATIONAL 4–H CONFERENCE
Offered through the Canadian 4-H Council

For 4-H Members ages 16–21
For travel in March 2013
Ottawa, ON and Washington, DC

Application deadline: June 1
Maximum of one participant selected
Upon being selected an additional $350 registration fee is to be paid to the Canadian 4-H Council

Meet your Canadian 4-H counterparts in Ottawa, attend a citizenship ceremony and take a tour of the Nation’s capital – all before leaving for Washington. Participate in workshops, round table discussions and explore Washington’s most prominent tourist sites such as the Lincoln Memorial, Peace Tower and Capitol Hill. Ontario can select one delegate on a rotational basis with the other provinces. For more details visit www.4-h-canada.ca
AGRIBITION JUDGING SEMINAR

For 4-H Members ages 17–21
November 19–24
Regina, Saskatchewan
Application deadline: June 1
Maximum of eight participants selected

Show off your judging skills by applying to compete in a team of 4-H Ontario Members at the Canadian Western Agribition. Compete by judging 10 livestock classes and presenting reasons.

More details at www.4-hontario.ca/agribition

AMBER UNDERWOOD MEMORIAL NEWS COMPETITION

Supported by: Amber Underwood Memorial Endowment Fund

For 4-H Members ages 9–21 (Junior Category: ages 9–14 • Senior Category: ages 15 – 21)
Submission deadline: September 4

Calling all young writers! Write a 500 word entry as a report on (1) a current 4-H program, 4-H event or 4-H success story, (2) review of a current agricultural or rural community concern, or (3) an interview with a community leader. A $100 prize will be awarded to the winner in both age categories.

More details at www.4-hontario.ca/amber-underwood

CANADIAN YOUNG SPEAKERS FOR AGRICULTURE

Supported by: Agriculture and Agri-Food Canada and Canadian 4-H Council

For youth ages 11–24
November 3
Royal Agricultural Winter Fair, Toronto, ON
Registration deadline: September 30, direct to CYSA

The CYSA competition is held annually as an opportunity to develop your public speaking skills, and a forum to express community concerns. There is a Junior Competition (ages 11–15) and Senior Competition (ages 16–24). The Senior Champion receives $1000, while the Junior Champion is awarded $500.

For more details visit www.cysa-joca.ca

PROVINCIAL GO FOR THE GOLD COMPETITION

Sponsored by: Ontario Mutuals™

For the six winning Regional teams
November 3
Royal Agricultural Winter Fair, Toronto, ON
Application fee: $40 (per team)
Registration deadline: September 5

Following the Association and Regional level competitions, the fun continues as the winning Regional teams compete head-to-head at this day-long event for the title of Provincial Go For The Gold Champions. From each region, one team of five Members and one chaperone/coach can attend.

For more details visit www.4-hontario.ca/gftg
4-H ONTARIO AMBASSADOR
Sponsored by: GROWMARK, Inc. and UPI Energy LP

Application Deadline: December 2012 (for 2013 term)

The 4-H Ontario Ambassador program provides youth with advanced level training in leadership, citizenship, communications and public relations. Ambassadors channel their energy and 4-H experiences into recruiting new Members and sharing the 4-H story. Up to six current 4-H Members, ages 17–21, are selected annually to represent 4-H Ontario as 4-H Ontario Ambassadors. Ambassadors promote the 4-H program by attending events across the province as well as other community events. National and International opportunities may arise as well. For more details visit www.4-hontario.ca/ambassadors

“My favourite ‘adventures’, as I call each Ambassador event I attend, include facilitation at 4-H camps and going to fairs in the summer. The most exciting part for me is the people.” Alex Mitchell, 2011 4-H Ontario Ambassador
ONTARIO 4-H COUNCIL DIRECTOR – YOUTH

Application Deadline: February 15

This position is an opportunity to learn about the 4-H program from the inside. You sit at a table with Volunteers who have different perspectives and experiences, but at the end of the day you are one united voice that is directing the 4-H program.”

– Carolyn Cober, 2008/09 Director – Youth

This position brings the views and issues of 4-H Members to Ontario 4-H Council Board discussions by providing input into governance issues during board meetings, which include face to face meetings and teleconferences. This position also helps to manage the strategic development of the 4-H Ontario program. Directors, through shared vision, develop 4-H Ontario policy. To apply you must be an active 4-H Member in good standing who is at least 18 and not more than 21 years of age at the time of his or her appointment by the Board of Directors. The length of term (appointment) will be one year which will expire at the completion of the Annual General Meeting. The Director - Youth can be re-appointed to the office for additional terms, not to exceed three consecutive terms. For more details visit www.4-hontario.ca/youth-positions.

Before, I was a young aspiring 4-H Member, and now I am 4-H advocate and ambassador who is proud of what I achieved. Every day I worked as Director – Youth I built my character, confidence and overall personality to new heights.”

– Ashley Hall, 2010/11 Director – Youth

CANADIAN 4-H COUNCIL – YOUTH ADVISORY COMMITTEE (YAC) – ONTARIO REPRESENTATIVE

Application Deadline: February 15

This position bring the views and issues of Ontario 4-H youth to Canadian 4-H Council Youth Advisory Committee discussions. Meetings are held via teleconferences and there is one in-person meeting at the Canadian 4-H Council AGM in Newfoundland in late May 2012. To apply you must be an active 4-H Member in good standing who is at least 18 and not more than 21 years of age at the time of his or her appointment by the Ontario 4-H Council Board of Directors. The length of term (appointment) will be one year and not to exceed three consecutive terms. For more details visit www.4-hontario.ca/youth-positions.

“Being a part of the Youth Advisory Committee is a totally new experience. You are an advisor that serves as an integral part of the future of 4-H in Canada. Working with the committee has given me a new appreciation of the differences in 4-H across the provinces, but also an understanding of our common goals. This position has given me a set of skills and networks that is invaluable to my career and future.”

– Kim Hooey, 2010/11 YAC Rep
YOUTH POSITIONS

YOUTH LEADER

For 4-H Members ages 15–21

Come out to Youth Leader Training full of hands-on experiences and information sharing. This three hour session will equip you with the skills and knowledge necessary for success as a Youth Leader. During this session you will network with 4-H Ontario Volunteers and other Members as Youth Leader training has been integrated into the New Volunteer Orientation. What a great experience for learning and mentorship. This training will be held every second Friday of each month (except January and December) at various locations across the province. For details on the dates and times of Youth Leader Training see pages 32–33. For more details visit www.4-hontario.ca/youth-positions

EXCHANGES

GARFIELD WESTON FOUNDATION 4–H UK EXCHANGE

Offered through the Canadian 4-H Council

Sponsored by: The W. Garfield Weston Foundation

For 4-H Members ages 18–21
For travel in 2013
Location within the United Kingdom to be determined

Application deadline: June 1
Upon being selected an additional $350 registration fee is to be paid to the Canadian 4-H Council

Experience a new country and broaden your world outlook! Travel overseas to explore the customs, traditions and life in another country. Canadian delegates travel between June and August; international delegates travel to Canada over October and November. This is a reciprocal exchange. Ontario can select one delegate on a rotational basis with the other provinces. For more details visit www.4-h-canada.ca

YOUTH EXCHANGES CANADA

Offered through the Canadian 4-H Council

For 4-H Member ages 12–17 (10 delegates per group)
For travel in 2012

Application deadline: February 2, direct to the Canadian 4-H Council

If you have wanted to see more of Canada then the Youth Exchanges Canada program is for you! This program provides groups of ten delegates and one chaperone a chance to see another area of Canada and experience the culture, language and history of that region. This is a reciprocal exchange visit between groups across Canada. For more details visit www.4-h-canada.ca
AGRVENTURE 4-H ADVENTURE OPPORTUNITY SCHOLARSHIP 2013
Offered through the Canadian 4-H Council
Sponsored by: The AgriVenture Global and the International Agricultural Exchange Association (IAEA)

Application deadline: November 30
For youth 18–30, who have been a 4-H Member for a minimum of two years
A $3,000 scholarship toward an AgriVenture travel and work program. For more details visit www.4-hontario.ca.

ANGELO AND FRANK AGRO UNDERGRADUATE SCHOLARSHIP
Application deadline: April 15
For 4-H Members attending post-secondary education
This scholarship awards $4,000 ($1,000 annually for four years) to full-time students entering semester one who have attained a minimum 75% admission average and completion of a minimum of 10 4-H projects. For more details visit www.uoguelph.ca.

CIBC 4-H POST-SECONDARY EDUCATION SCHOLARSHIP
Offered through the Canadian 4-H Council
Sponsored by: CIBC

Application Deadline: November 16
First year post-secondary students
Three scholarships per year, valued at $2,500 each, for 4-H Members in their last year of high school or CEGEP. Winners must use the funds within two years of receipt of the award for attendance at a Canadian post-secondary institution. Funding may be used for tuition, books and/or lodging. For more details visit www.4-h-canada.ca.

GROWMARK, INC. 2012 ESSAY CONTEST
Sponsored by: The GROWMARK System and participating FS member co-operatives.

Submission deadline: May 15
For High School aged 4-H Members in Ontario
The 2012 essay theme is: "Co-operatives in a Global Environment". Applicants must write a 500 word essay answering the following questions: (A) What benefits do farmer-owned co-ops provide their member-owners? (B) How do co-ops improve the quality of life in their communities? (C) How do co-ops contribute to economic growth throughout the world?

A provincial 4-H winner will receive a $500 scholarship and the 4-H Association of the provincial winner will receive a $300 award. Four runners-up will receive a $125 scholarship each. More details at www.growmark.com.

HENRIKE FOERSTER MEMORIAL 4-H ENTRANCE SCHOLARSHIP
Offered by the Agro Scholarship Fund

Application deadline: October 1
A $500 scholarship for 4-H youth in post-secondary education entering the Veterinary Technology Program at the University of Guelph’s Ridgetown College. For more details contact Ridgetown College, University of Guelph by calling (519) 674-1524 or visit www.ridgetownc.uoguelph.ca.

JUSTIN PARISH MEMORIAL BURSARY
Submission deadline: September 14
This $500 bursary honours the spirit of Justin’s dream of one day attending the Classic Show at the Royal Agricultural Winter Fair, his love of farming, and 4-H. Presented by the Parish Family, this bursary will support a 4-H Ontario Dairy Club Member to attend the Royal in Toronto, Ontario for the first time. For more details visit www.4-hontario.ca/Justin-Parish-Bursary.
**TD 4-H AGRICULTURE SCHOLARSHIP**
Offered through the Canadian 4-H Council
Sponsored by: TD Bank Financial Group

Application Deadline: October 14
First year post-secondary students

Up to 10 scholarships valued at $2,500 each for 4-H Members in their last year of high school who are planning to enroll in post-secondary education in an agriculture or agri-business related discipline. Along with post-secondary planning, winners are selected based on their numerical grade point average. For more details visit www.4-h-canada.ca

**WESTERN FAIR 4-H ACHIEVER**
Sponsored by: Western Fair District and the Kiwanis Club of Forest City - London - In Memory of Kiwanian Charles E. (Chuck) Broadwell

For 4-H Members ages 16–21 in Regions 4, 5 & 6

For more details visit www.westernfairdistrict.com

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**3RD PARTY SCHOLARSHIPS for everyone**

**2012 CANADIAN INTERNATIONAL FARM SHOW ‘YOUTH IN AGRICULTURE’ BURSARY**

Application deadline: March 1

A $2,500 bursary will be awarded to a student currently in their first year of an agricultural related program at an accredited Canadian university or college. Applicants must show both academic achievement and financial need, and must not have reached the age of 30 before January 1st, 2012. Strong preference will be given to applicants who demonstrate rural leadership or strong community involvement in organizations like the Junior Farmers’ Association of Ontario. More details at www.jfao.on.ca/scholarships

**THE CANADIAN MERIT SCHOLARSHIP FOUNDATION LORAN AWARD**

Application deadline: Fall 2012

The Loran Award is for students in their graduating year of uninterrupted full-time studies in high school or CEGEP. Exceptions may be considered for those who have undertaken a gap year for academic pursuits or community service-based activities. The award is renewable for up to four years. It includes an annual tuition waiver and a stipend of $8,000, access to funding and internships through our summer program, invitations to annual gatherings and forums, and mentorship opportunities. More details at www.loranaward.ca
FWIO HELEN McKERCHER SCHOLARSHIP

Application deadline: June 30

A $1,200 scholarship to assist an undergraduate student who has completed his/her program to pursue a post-graduate degree in Family and Consumer Studies, Home Economics or a related program. This scholarship was established in 1976 to recognize Helen McKercher’s years of service to FWIO as Director of the Women’s Institute and Home Economics Service. For more details visit www.fwio.on.ca

FWIO PROVINCIAL SCHOLARSHIP

Application deadline: June 1

A $1,000 scholarship for full-time students entering a first year post-secondary institution. Application includes a 500 word essay on the topic of “Effect of Climate Change on Agriculture”, and three reference letters from applicant’s community, or school. For more details visit www.fwio.on.ca

HOLSTEIN CANADA EDUCATION AWARDS

Application deadline: November 30

Awards of $750 available to post-secondary students. For full descriptions and processes please contact Holstein Canada: (519) 756-8300 or www.holstein.ca

JERSEY CANADA SCHOLARSHIP

Application deadline: September 1

The Youth Committee of Jersey Canada provides one scholarship per year in the amount of $750 to a deserving university or college student who is enrolled in at least the second year of post-secondary studies and has an involvement with the Jersey breed. For full descriptions and processes please contact Jersey Canada: (519) 821-1020 or www.jerseycanada.com/about

MONSANTO CANADA OPPORTUNITY SCHOLARSHIP PROGRAM

Application deadline: May 25

A $1,500 award for students entering their first year of post-secondary education in agriculture or an agriculture related field. For more details visit www.monsanto.ca

ONTARIO WOMEN’S INSTITUTE SCHOLARSHIPS

Application deadline: April 1

Up to three awards of $1,000 each to assist students studying at the University of Guelph, College of Social and Applied Human Sciences. Since 1947, these Scholarships have been presented by FWIO in recognition of the women who pioneered the Women’s Institute in Ontario. For more details visit www.fwio.on.ca

Thank you!

All the 4-H camps, conferences, competitions, exchanges and scholarships listed have the gracious support of many additional sponsors and supporters. For a full listing visit www.4-hontario.ca/sponsors
NEW VOLUNTEER ORIENTATION
Sponsored by: Ontario Mutuals™

For new 4-H Ontario Volunteers
Time: 9 a.m. - 4:15 p.m.

The New Volunteer Orientation is an opportunity for Volunteer applicants to experience our motto of “Learn To Do By Doing”. This three hour orientation provides hands-on experience and information in order to equip Volunteer applicants with the necessary skills and knowledge they will require during their Volunteer tenure with 4-H. Orientations will be held every second Friday of each month (except January and December) at various locations across the province.

Please RSVP for these events by contacting events@4-hontario.ca or by calling 1-877-410-6748 x 483

Region 1

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 10</td>
<td>Zantes Restaurant</td>
<td>997461 Hwy 11 North, New Liskeard, ON</td>
</tr>
<tr>
<td>April 11</td>
<td>Parry Sound Museum</td>
<td>17 George Street, Parry Sound, ON</td>
</tr>
<tr>
<td>April 12</td>
<td>Bracebridge Sportsplex</td>
<td>110 Clearbrook Trail, Bracebridge, ON</td>
</tr>
<tr>
<td>June 12</td>
<td>Rosslyn Community Centre</td>
<td>3405 Rosslyn Road, Thunder Bay, ON</td>
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<tr>
<td>June 13</td>
<td>Morley Municipal Office</td>
<td>Hwy 11, Stratton, ON</td>
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<tr>
<td>June 14</td>
<td>Dryden &amp; District Agricultural Complex</td>
<td>481 Wice Road, Dryden, ON</td>
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<tr>
<td>October 10</td>
<td>Spring Bay Community Centre</td>
<td>Spring Bay, ON</td>
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<tr>
<td>October 11</td>
<td>Bruce Mines Public Library</td>
<td>33 Desbarats Street, Bruce Mines, ON</td>
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<tr>
<td>October 12</td>
<td>Westmount Community Centre</td>
<td>511 Westmount Drive, Sudbury, ON</td>
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Region 2

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<tr>
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<tbody>
<tr>
<td>February 10</td>
<td>Metcalfe United Church</td>
<td>2677 - 8th Line Road, Metcalfe, Ontario</td>
</tr>
<tr>
<td>March 9</td>
<td>Glenburnie United Church</td>
<td>1028 Unity Road, Glenburnie, ON</td>
</tr>
<tr>
<td>April 13</td>
<td>Almonte Library</td>
<td>155 High Street, Almonte, ON</td>
</tr>
<tr>
<td>May 11</td>
<td>Cassburn United Church</td>
<td>1790 Cassburn Road, L'Original, ON</td>
</tr>
<tr>
<td>June 8</td>
<td>Athens United Church</td>
<td>17 Church Street, Athens, ON</td>
</tr>
<tr>
<td>July 13</td>
<td>Adamston-Bromley Twp Office</td>
<td>477 Stone Road (Hwy 132 or County Rd 6), Renfrew, ON</td>
</tr>
<tr>
<td>August 10</td>
<td>Ontrac Employment Resource Services</td>
<td>Unit 2 - 52 Abbott Street North, Smiths Falls, ON</td>
</tr>
<tr>
<td>September 14</td>
<td>Winchester Presbyterian Church</td>
<td>541 St. Lawrence Street, Winchester, ON</td>
</tr>
<tr>
<td>October 12</td>
<td>Holy Trinity Anglican Church</td>
<td>105 Church Street, Merrickville, ON</td>
</tr>
<tr>
<td>November 9</td>
<td>Embrun Knights of Columbus Hall</td>
<td>Eglise St-Jacques, 1031 Notre Dame, Embrun, ON</td>
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### Region 3

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<tr>
<td>February 10</td>
<td>Riverwood Park Club House</td>
<td>Hwy 35 South and Riverwood Park Road, Lindsay, ON</td>
</tr>
<tr>
<td>March 9</td>
<td>Napanee Fire Hall</td>
<td>66 Advance Avenue, Napanee, ON</td>
</tr>
<tr>
<td>April 13</td>
<td>Baltimore United Church</td>
<td>9288 Burwash Road, Baltimore, ON</td>
</tr>
<tr>
<td>May 11</td>
<td>Sunderland Co-Op</td>
<td>Hwy 7 &amp; 12, Sunderland, ON</td>
</tr>
<tr>
<td>June 8</td>
<td>Baseline Community Centre</td>
<td>2444 Baseline Road, Bowmanville, ON</td>
</tr>
<tr>
<td>July 13</td>
<td>Quinte Sprots and Wellness Centre</td>
<td>265 Cannifton Road, Belleville, ON</td>
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<tr>
<td>August 10</td>
<td>Douro Parish Hall</td>
<td>County Road 8 and 3rd Line, Douro, ON</td>
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<tr>
<td>September 14</td>
<td>Markham Fair Board Room</td>
<td>10801 McCowan Road, Markham, ON</td>
</tr>
<tr>
<td>October 12</td>
<td>Bloomfield Town Hall</td>
<td>289 Main Street, Bloomfield, ON</td>
</tr>
<tr>
<td>November 9</td>
<td>Roseneath United Church</td>
<td>11943 County Road 24, Roseneath, ON</td>
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### Region 4

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<tbody>
<tr>
<td>February 10</td>
<td>Zehrs on Bayfield</td>
<td>472 Bayfield Street, Barrie, ON</td>
</tr>
<tr>
<td>March 9</td>
<td>Hillcrest United Church</td>
<td>8958 Trafalgar Road, Georgetown, ON</td>
</tr>
<tr>
<td>April 13</td>
<td>Stoney Creek Royal Canadian Legion</td>
<td>12 King Street East, Stoney Creek, ON</td>
</tr>
<tr>
<td>May 11</td>
<td>Floradale Feed Mill Ltd</td>
<td>2131 Floradale Road., Floradale, ON</td>
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<tr>
<td>June 8</td>
<td>Cayuga Mutual Insurance</td>
<td>23 King Steet, Cayuga, ON</td>
</tr>
<tr>
<td>July 13</td>
<td>Brampton Fairgrounds - Mtg. Rm 1</td>
<td>12942 Heart Lake Road, Caledon, ON</td>
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<tr>
<td>August 10</td>
<td>EastGen Boardroom</td>
<td>5653 Hwy 6 N RR 5, Guelph, ON</td>
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<tr>
<td>September 14</td>
<td>Bethel Community Hall</td>
<td>157 Bethel Road, Paris, ON</td>
</tr>
<tr>
<td>October 12</td>
<td>CONTACT South Simcoe Board Room</td>
<td>24 Victoria Street, Alliston, ON</td>
</tr>
<tr>
<td>November 9</td>
<td>Grimsby Royal Canadian Legion</td>
<td>233 Elizabeth Street, Grimsby, ON</td>
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### Regions 5 & 6

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<th>Location</th>
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<tr>
<td>February 10</td>
<td>Middlesex Federation of Agriculture -</td>
<td>633 Lions Park Drive, Mt. Brydges, ON</td>
</tr>
<tr>
<td></td>
<td>Boardroom</td>
<td></td>
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<tr>
<td>March 9</td>
<td>Grey Agricultural Services</td>
<td>206 Toronto Street South, Markdale, ON</td>
</tr>
<tr>
<td>April 13</td>
<td>Rostock Hall</td>
<td>4817 Perth Line 46, Rostock, ON</td>
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<tr>
<td>May 11</td>
<td>Plympton Wyoming Fair</td>
<td>595 Main Street, Wyoming, ON</td>
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<tr>
<td>June 8</td>
<td>Elgin Federation of Agriculture</td>
<td>450 Sunset Drive, St. Thomas, ON</td>
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<tr>
<td>July 13</td>
<td>Walkerton Agricultural Society</td>
<td>210 Durham Street West, Walkerton, ON</td>
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<tr>
<td>August 10</td>
<td>Ridgetown College - Agronomy Brdrm</td>
<td>120 Main Street East, Ridgetown, ON</td>
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<tr>
<td>September 14</td>
<td>Londesboro United Church</td>
<td>338 King Street, Londesboro, ON</td>
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<tr>
<td>October 12</td>
<td>Ontario Agriculture Building</td>
<td>401 Lakeview Drive, Woodstock, ON</td>
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<tr>
<td>November 9</td>
<td>United Communities Credit Union</td>
<td>148 Talbot Street North, Essex, ON</td>
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VOLUNTEER EVENTS

VOLUNTEER RE-ENGAGEMENT PROCESS

For existing 4-H Ontario Volunteers

After initial Orientation, a Volunteer can be re-engaged or “renewed” every two years in a number of different ways. This new process replaces the previous “Renewal Training” process. The key here is that it is the CHOICE of each Volunteer to select their own re-engagement. Options include attending:

• 4-H Ontario Conference and Annual Meeting (CAM);
• a Regional Volunteer Symposium;
• your Association’s AGM;
• specific training requested by an Association and delivered to Volunteers by the Coordinator, Volunteer Support (ie. parliamentary procedures, conducting effective meetings, incorporating youth of different ages etc…); or
• or attending a New Volunteer Orientation session

VOLUNTEER SYMPOSIUMS

For all 4-H Ontario Volunteers
Cost: Free
Time: 7 p.m. - 10 p.m.

Volunteer Symposia recognize and celebrate 4-H Ontario Volunteers. This day long event is an opportunity to meet and share with Volunteers from across your 4-H region. Each symposium will host a variety of workshops and round table discussions with topics selected by Volunteers. This day is about focusing on 4-H Volunteers and what’s important to them. Lunch will be provided. The 2012 workshops are:

• I Place this Class…Judging and Critical Thinking
• Conflict Resolution…Stocking your Toolbox
• Engaging Members of All Ages
• Spotlight on Projects
• Bumps and Scrapes…Basic First Aid Tips
• Taking Your Events to the Next Level

REGION 1 - May 5
Registration Deadline: April 20
Laurentian University - School of Education Building
935 Ramsey Lake Road
Sudbury, ON

REGION 2 - February 4
Sponsored by: Grenville Mutual Insurance Company
Registration Deadline: January 26
Metcalfe United Church
2677 - 8th Line Road
Metcalfe, ON

REGION 3 - February 18
Registration Deadline: February 3
Sir Sandford Fleming College
Frost Campus
200 Albert Street South
Lindsay, ON

REGION 4 - March 3
Registration Deadline: February 17
Hillcrest United Church
8958 Trafalgar Road
Georgetown, ON

REGION 5 - April 21
Registration Deadline: April 5
Trillium Mutual Ins. Co.
495 Mitchell Road South
Listowel, ON

REGION 6 - February 25
Registration Deadline: February 10
Junior Achievement - Building
15 Wharncliffe Road North
London, ON
VOLUNTEER CONFERENCE AND ANNUAL MEETING

For all 4-H Ontario Volunteers
March 23–25
Waterloo Inn and Conference Centre, 475 King Street N, Waterloo, ON

Cost: $230.09 + HST = $260 (full weekend)
Registration Deadline: January 27

The 4-H Ontario Volunteer Conference and Annual Meeting (CAM) is an opportunity to learn, have fun, enhance skills and make friends with 4-H Volunteers from across the province. Through fun social recreation activities you will meet other 4-H Volunteers from across Ontario who share your values and passion for youth engagement. You will be refreshed with new ideas to take back to your Club, fellow Volunteers and 4-H Association. More details at www.4-hontario.ca/cam

We graciously thank the sponsors of CAM. For an up-to-date listing of CAM sponsors visit www.4-hontario.ca/cam

HELP FACILITATE A 4-H CAMP OR CONFERENCE

Who says kids get to have all the fun? Help out at a 4-H Ontario camp or conference and have some fun while ensuring participants have a safe and fantastic time. Get the camp experience you never had (or now miss), while contributing your own energy, enthusiasm and knowledge. For more information on facilitating or chaperoning a 4-H camp or conference contact 4-H Ontario’s Coordinator, Programming and Events at events@4-hontario.ca or 1-877-410-6748 x 483.

SERVE AS AN ONTARIO 4-H COUNCIL DIRECTOR

Are you interested in contributing to the future vision and direction of the 4-H program in Ontario? Association Representatives have the opportunity to apply to be on Ontario 4-H Council Board of Directors. Elections are held in conjunction with the Ontario 4-H Council’s Annual General Meeting each year in the spring. Nominations can be submitted right up until the election. Association Representatives vote and elect Council Directors from the presented nominees. For more information contact 4-H Ontario’s Executive Assistant at ea@4-hontario.ca or 1-877-410-6748 x 474.

ALBERTA 4-H LEADERS’ CONFERENCE

4-H Ontario has a long standing partnership with Alberta 4-H that focuses on engaging 4-H Volunteers in each provinces’ Volunteer conference. The Alberta 4-H Leaders’ Conference is held each year for a weekend in January and is a great opportunity for 4-H Ontario Volunteers to experience 4-H in another province. Each year 4-H Ontario selects two Volunteers to attend the conference as delegates. Volunteers who wish to be considered for the conference must submit their cover letter and resume along with a completed registration form. Ontario representatives will be selected from the pool of applicants. For more information contact 4-H Ontario’s Executive Assistant at ea@4-hontario.ca or 1-877-410-6748 x 474
VOLUNTEER AWARDS

SYNGENTA 4–H ONTARIO ARBOR AWARD
Sponsored by: Syngenta

Submission Deadline: November 15

Volunteers are the heart of 4-H. 4-H Ontario values the hard work, dedication and talent that Volunteers bring to the program. Their service is instrumental in 4-H Ontario’s continued success. Because of this, the recognition of our Volunteers will always be an important element of the 4-H program. The Syngenta 4-H Arbor Awards are 4-H Ontario’s most distinguished Volunteer awards given out each year at 4-H Ontario’s Volunteer Conference and Annual Meeting in March. Volunteers are nominated by their local Associations and recipients are chosen by a selection committee.

This award is open to all 4-H Volunteers who have positively impacted 4-H in Ontario and have served the organization for over 10 years (this includes both Club Leaders and non-traditional Volunteers). Nominees must have shown significant leadership, initiative and made a positive impact on 4-H at various levels (Club, local, regional, provincial and/or national). Nominees’ involvement in other community activities and organizations is also strongly considered.

For more information visit www.4-hontario.ca/syngenta-4h-arbor-awards

THE CO-OPERATORS 4–H NATIONAL VOLUNTEER LEADER OF THE YEAR AWARD
Offered through the Canadian 4-H Council
Sponsored by: The Co-operators

Submission Deadline: December 14, direct to the Canadian 4-H Council

The Co-operators 4-H National Volunteer Leader of the Year Award is presented annually. A Volunteer Leader is selected from each province and a grand prize winner is selected from that group. Provincial winners will be awarded a recognition certificate, $100 cash prize, plus Co-operators and 4-H merchandise. A Grand Prize of $1,000 and a trip to the National 4-H Conference in Toronto in November is awarded to one Leader chosen from the provincial winners. Volunteers can only be nominated by 4-H Members.

For more information please contact the Canadian 4-H Council at (613) 234-4448 or visit www.4-h-canada.ca

MONSANTO VOLUNTEER RECOGNITION PROGRAM
Sponsored by: Monsanto Canada Inc.

The Monsanto Volunteer Recognition Program celebrates 4-H Ontario Volunteers’ years of service. Each new 4-H Ontario Volunteer receives a Certificate of Appreciation and pin for their first year of volunteering. Further recognition is given at five year increments while special congratulations are received starting at 20 years of service, and for every five year increment afterward.
LIVESTOCK CONTACT
Host: Senior Manager, Programming

The April teleconference will include a review of the Association Livestock Package and an update on new policies and procedures. The September teleconference will include an update on the show season and upcoming changes if applicable (policy and ethics).

- April 10 - Noon and 8 p.m. (EDT)
- September 25 - Noon and 8 p.m. (EDT)

MEMBERSHIP COORDINATOR
Host: Coordinator, Database

These teleconferences focus on reviewing the 4-H Ontario Membership Database. An agenda will be sent out two weeks prior to each teleconference. The February agenda will include an introduction to the new year and new database, as well as discussion of training opportunities. The May agenda will include follow up training and discussion of livestock deadlines. The August agenda will include an opportunity to provide feedback on the launch of the new database and a review of processes. The October agenda will include a review of awards season processes and year end procedures and deadlines.

- February 22 - Noon and 8 p.m. (EST)
- May 22 - Noon and 8 p.m. (EST)
- August 29 - Noon and 8 p.m. (EST)
- October 30 - Noon and 8 p.m. (EST)

INSURANCE
Host: Manager, Volunteer Support

This annual call is open to all. The purpose is to highlight and understand 4-H insurance coverage and requirements. This call is the perfect opportunity to bring your questions forward as a representative from 4-H Ontario’s insurance company will be in attendance. Incident reporting processes and best practices will also be discussed.

April 12 - Noon and 8 p.m. (EDT)

PRESIDENT & VICE PRESIDENT
Host: Ontario 4-H Council President and Executive Director

These teleconferences allow for province wide connection to discuss 4-H operations. A call for agenda items will be sent to participants one month prior to each teleconference. The final agenda will be circulated two weeks prior to the teleconference. Teleconferences are scheduled around Ontario 4-H Council Board meetings to allow Presidents and Vice Presidents to provide feedback to the Ontario 4-H Council Board of Directors. Full Association participation supports successful 4-H operations across the province.

- March 5 - 8 p.m. (orientation with Association Representatives) (EST)
- April 24 - Noon and 8 p.m. (EDT)
- April 26 - Noon and 8 p.m. (EST)
- October 16 - Noon and 8 p.m. (EST)
- October 18 - Noon and 8 p.m. (EST)

ASSOCIATION REPRESENTATIVE (AR)
Host: Ontario 4-H Council President and Executive Director

These teleconferences allow for province wide connection. They provide the opportunity to discuss governance and the vision of 4-H Ontario. A call for agenda items will be sent to participants one month prior to each teleconference. The final agenda will be circulated two weeks prior to the teleconference. Teleconferences are scheduled around Ontario 4-H Council Board meetings to allow the opportunity to provide feedback to the Ontario 4-H Council Board of Directors. Participation is vital to the success of the governance model.

- March 5 - 8 p.m. (orientation with new Presidents & Vice Presidents) (EST)
- March 6 - Noon and 8 p.m. (EST)
- March 8 - Noon and 8 p.m. (EST)
- July 31 - Noon and 8 p.m. (EST)
- August 1 - Noon and 8 p.m. (EST)
AGRIUM 4-H YOUTH LEADERSHIP INITIATIVE
Offered through the Canadian 4-H Council
Sponsored by: Agrium

Application deadline: October 19, direct to Canadian 4-H Council
$50,000 is available to eligible 4-H Clubs, provinces, regions, districts and counties that seek to develop leadership skills in senior 4-H Members. Eligible project areas available for funding include youth asset building, career planning, communication skills training and organization leadership. This grant provides the ability to develop programs that will challenge senior 4-H Members to apply their leadership skills to enhance their local communities. For more details visit www.4-h-canada.ca

GROWING FORWARD BUSINESS DEVELOPMENT OPPORTUNITIES PROGRAM
Offered through the Canadian 4-H Council
Supported by: Agriculture & Agri-Food Canada through the Growing Forward Policy Framework

Application deadline: November 23, direct to Canadian 4-H Council
Canadian 4-H organizations at the national, provincial, regional, district, county and Club levels are eligible to apply. Total funding available is $80,000. Monies will support learning and development activities including agricultural technological skills, leadership, citizenship and business skills. For more details visit www.4-h-canada.ca

SEARS IN YOUR COMMUNITY 4-H CLUB GRANTS
Offered through the Canadian 4-H Council
Sponsored by: Sears

Application deadline: October 19, direct to the Canadian 4-H Council
This grant program is available for any 4-H Club in Canada. Each Club is eligible to receive up to $1,000. The program provides funding support to 4-H groups that provide after-school programs so youth can have fun while developing leadership, citizenship and life skills in a positive and safe environment. The grant program supports five types of funding requests: (1) new programs, (2) enhancement of existing programs, (3) development of existing programs in a new location, (4) sustaining existing programs, and (5) support for on-going educational workshops related to projects (e.g. public speaking, showmanship, judging, animal care, grooming skills, etc.) For more details visit www.4-h-canada.ca
JFAO

JFAO (Junior Farmers’ Association of Ontario) is an organization for people age 15–29 from all occupations and walks of life. Active JFAO clubs across Ontario provide programs that are self-developed and operated. This facilitates the development of personal leadership skills and contributes to communities. These programs include:
• Dances and events
• Exchanges
• Scholarships
• Competitions

For more information visit www.jfao.on.ca

ONTARIO HOLSTEIN

The Ontario Holstein Branch is committed to developing their many youth programs that foster future generations of leaders in the dairy industry. These programs include:
• Intercounty 4-H Judging Competition
• Junior Shows
• Ontario Holstein Scholarships
• Ontario Dairy Youth Award
• Spirit of 4-H Award
• TD Canadian 4-H Dairy Classic

For more information visit www.ontario.holstein.ca

ROI: RURAL ONTARIO INSTITUTE

The Rural Ontario Institute contributes to a strong, vibrant rural Ontario with Vision, Voice and Leadership. The ROI trains leaders to engage in rural issues and connects leaders to rural issues. Programming offered by the ROI provides exciting, effective leadership development opportunities for Ontario’s rural sector. These programs include:
• Advanced Agricultural Leadership Program (AALP) www.aalp.on.ca
• Steps to Leadership www.stepstoleadership.ca
• Various workshops, seminars and webinars

For more information visit www.ruralontarioinstitute.ca

ROYAL AGRICULTURAL WINTER FAIR & THE TD CANADA TRUST AGRICULTURAL SERVICES YOUTH LEADERSHIP CONGRESS

The Royal Agricultural Winter Fair is the biggest indoor agricultural show in North America. It is home to world class livestock, wines, cheeses, jams, jellies, maple syrup, wool and honey. Canada’s best and brightest youth in agriculture show their skills in a variety of competitions and shows. Categories include:
• 4-H Field Crops
• Canadian Young Speakers for Agriculture
• Maple Syrup, Pickling, and Jams and Jellies Competitions
• National Junior Beef Heifer Show
• Ontario Junior Barrow
• Provincial Go For The Gold
• TD Canadian 4-H Dairy Classic
• TD Dairy Goat Youth Show
• TD Junior Sheep Show
• Queen’s Guineas
• Youth Rabbit and Cavy Show

For more information visit www.royalfair.org

THE ONTARIO ASSOCIATION OF AGRICULTURE SOCIETIES

The Ontario Association of Agricultural Societies (OAAS) is a unifying body for Agricultural Societies in Ontario. Through promotion, communication and educational activities the OAAS provides leadership to its members. There are more than 220 yearly fairs hosted by OAAS members across Ontario.

For a list of fairs and locations visit www.ontariofairs.com
ROLL CALL

Do you remember doing Roll Call before each 4-H Club meeting? Well it’s Roll Call time once again. Think about your 4-H experience. As a 4-H Ontario Member or Club Leader did you:

- Sew your first apron, dress or tea cozy?
- Raise an animal?
- Survive your first public speech or demonstration?
- Meet your husband or wife in a Club or at a camp?
- Travel to another part of the province, country or world?
- Go to Leadership Week or Homemaking Conference?
- Make lifelong friends?

Chances are you did at least one of these things. Involvement in 4-H has benefitted many people, yourself included, and it still continues to do so today. Since 1915 the 4-H program in Ontario has made a difference in the lives of hundreds of thousands of 4-H Members, Volunteers and Club Leaders like you. In fact, over the last 60 years in Ontario, there have been an estimated 400,000 youth and adults who have been 4-H Members and/or Leaders. We would like to get to know you again and help you reconnect with other 4-H Alumni.

I have memories of 4-H Leaders telling us about integrity. From them, we learned through judging that you make a decision based on your research, then you stick by it and defend your decisions. Well thought out reasoning and research are skills you need to survive in life.” – Ken, 4-H Ontario Alumni

WE NEED ALUMNI INPUT

In preparation for 4-H Ontario’s centennial year, 4-H Ontario staff are developing services and activities to help reconnect 4-H Alumni in communities and across the province. But first, your input is needed on what those Alumni activities and services should be. Do you want reunions, activities in your local community, a 4-H documentary to be made, an Alumni baseball tournament? Now is the time to let us know. Share your ideas by contacting 4-H Ontario’s Coordinator, Alumni Services at alumni@4-hontario.ca or 1-877-410-6748 x 466
SHARE YOUR STORY & GROW 4-H HISTORY

One of the services being developed is a stronger 4-H Ontario Alumni database to help Alumni reconnect. When the Ontario 4-H Council assumed the administration of the 4-H program in 2000, the majority of historical Alumni information could not be transferred due to privacy considerations. As a result, the current 4-H Ontario Alumni database represents a very small percentage of the total estimated Alumni. 4-H Ontario’s partnership with Hyland Seeds has given 4-H Ontario the fantastic opportunity of reconnecting with Alumni to rebuild and strengthen the 4-H Alumni network.

By sharing your 4-H story you will help grow the recorded history of 4-H in Ontario. By reflecting on the impact 4-H had in your life, we can ensure the future of 4-H holds the same value, learning and opportunities for new Members and Volunteers. Every 4-H Alumni story makes 4-H in Ontario stronger. Your story is sure to inspire fellow Alumni and future 4-H’rs.

To get started, please ensure we have your 4-H history by registering with the 4-H Ontario Alumni network. Register online at www.4-hontario.ca/alumni, or fill out the form below and mail into the 4-H Ontario office, or contact 4-H Ontario’s Coordinator, Alumni Services at alumni@4-hontario.ca or 1-877-410-6748 x 466. Registered 4-H Alumni will receive copies of the 4-H Ontario magazine “Leadership In Action”, as well as news about Alumni activities and services (including centennial celebrations), Volunteer opportunities, contests, fundraisers and 4-H Ontario events.

THIS IS MY 4-H STORY...

Mail to 5653 Hwy 6 N RR 5 Guelph, ON N1H 6J2; fax to 519-824-8759; or scan and email to alumni@4-hontario.ca

Title: ____________________________  Last Name: ____________________________
First Name: ____________________________  Preferred Name (Nickname): ____________________________
Maiden Name: ____________________________
Gender:  ☐ Male  ☐ Female
Phone: ____________________________
Civic Address: ____________________________
Mailing Address: ____________________________
City: ____________________________  Province: ____________________________
Postal Code: ____________________________  Country: ____________________________
Years in 4-H (ie. 1960–1964): ____________________________  Number of projects completed: ____________________________

In brief, tell us your 4-H story:

“Little did I realize that 4-H would have such a huge impact on my life. I am now confident as a speaker, traveler, and decision maker. I owe all these to 4-H and the volunteer opportunities it allowed me to participate in.” – Lorna, 4-H Ontario Alumni
Ok, but what about the staff?

There are 22 staff who serve the entire province. That’s all 6000 Members, 1900 Volunteers and 6000 recorded Alumni (although estimates are closer to 400,000!). 4-H Ontario staff are dedicated, passionate people who have made a choice to work for a not-for-profit organization. Ensuring every Member, Volunteer and Alumni have an experience based on the 4-H values, Head, Heart, Hands and Health, is what the staff support.

1915

How did 4-H start? 4-H was founded on the concept of teaching youth agricultural skills in a club atmosphere. Within these first clubs, Members were guided through their project by a leader who supervised them and provided constructive feedback. This is also when the concept of “Learn To Do By Doing” was born. 4-H in Ontario actually started as the “Boys’ and Girls’ Club” and was run by the Ministry of Agriculture.

2005

So, who runs 4-H? With the 90th anniversary of 4-H in Ontario came a reflection on the governance model. Clarification of voting processes was made to ensure strong policy creation. The governance model allows the organization to be run by 4-H Volunteers. 4-H Volunteers step forward to be elected, and the winners of this election sit on the Ontario 4-H Council Board of Directors. The Board works with 4-H Ontario’s Executive Director to develop the organization’s vision. The Executive Director then guides the 4-H Ontario staff to carry out this vision.


Beverly Agar • Kelly Barclay • Darrell Bergsma • John den Haan, Vice President • Angie Fairfield • Ashley Hall, Director - Youth • Sandra Hanes • Melanie Lang, Director - Community • Patty Lasby - Past President • Dave McNichols • Brian O’Neill • Shirley Tomlinson • Anne Verhallen, Director at Large • Shonna Ward, President • Kim Hooey, Canadian 4-H Council - Youth Advisory Committee Ontario Representative

Leadership In Action • Special Edition 2012
Where'd the clover come from?
In 1952 the 4-H logo and name were adopted by 4-H Canada to reflect the 4-H's in the pledge: head, heart, hands and health. During this time there was also a critical refocus of 4-H initiatives. A switch was seen that placed the focus on the individual Members and their development rather than the project outcomes.

1988 & 1998
What's the difference between the “Council” and “Foundation”? Based on a recommendation by the Ontario 4-H Leaders’ Committee in 1988, the Ontario 4-H Council was created to develop and implement provincial 4-H policies. At this time the Ontario 4-H Council worked with the Ontario Ministry of Agriculture and Food who delivered the program. The Ontario 4-H Foundation was started as a charity organization in 1998 to ensure the financial security of 4-H Ontario activities. ‘Foundation Trustees’ volunteer to serve and share their expertise on fundraising, networking, financial management and assist staff with sponsorship and donations. The Ontario 4-H Foundation ensures a strong financial future for 4-H.

2000
Isn't 4-H government run? 4-H Ontario became its own organization and a registered charity in 2000. At this time the Council fully took over operations and governance from the Ministry. A staff body was hired and policy work continued through the Ontario 4-H Council. That means the organization is really only 12 years old. Government funding still makes up about half of what is needed to operate 4-H in Ontario. Membership fees, fundraising, sponsorships and other initiatives by staff and the Ontario 4-H Foundation make up the other half. The Ontario 4-H Council is now the sole governing body of the 4-H program in Ontario – that means you, 4-H Volunteers, are the Council.

2011–2012 Ontario 4-H Foundation Trustees
Peter Brown, Chair • Nancy Brown-Andison • Ron Bolton • Peter Cameron • Joanne Currie • Ralph Dietrich • Susan Humphries • Robert Larmer • Terry Malcolm • Rory McAlpine • Dr. Rob McLaughlin, Vice Chair • David Rose • Tim Ross • Bert Stewart • Rod Stork, Past Chair • Jim Wadleigh • The Hon. Lyle Vanclief, P.C., Ambassador
I want to lead a Club.
I want to meet new friends.
I want to go to a 4-H camp.
I want network with other 4-H Alumni.
I want to join a Club with animals.
I want to Volunteer.

WANT TO JOIN 4-H?

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1-877-410-6748

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